

A study of human locomotor trajectories

Phạm Quang Cường

December 11, 2009



COLL  GE
DE FRANCE
—1530—

Th  se r  alis  e sous la direction de P  r Alain Berthoz,
au Laboratoire de Physiologie de la Perception et de l'Action
Coll  ge de France, Paris, France

Outline

Theoretical context

Experimental and modeling results

- Stereotypy of locomotor trajectories
- Deterministic optimal control model
- Control of locomotor trajectories
- Stochastic optimal control models

Conclusions

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Theoretical context

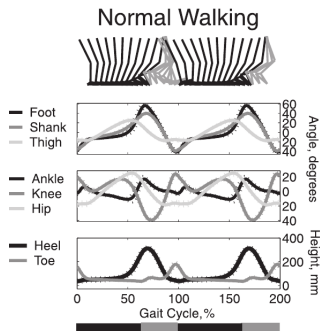
Experimental and modeling results

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Locomotion: multiple levels of description

Stepping pattern



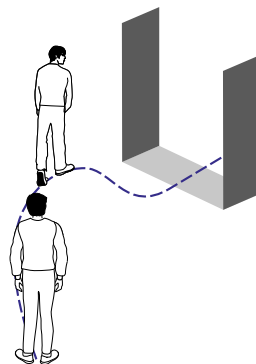
Hicheur et al, *J Neurophysiol*, 2006

Postural control



Berthoz, *Le sens du mouvement*, 1997

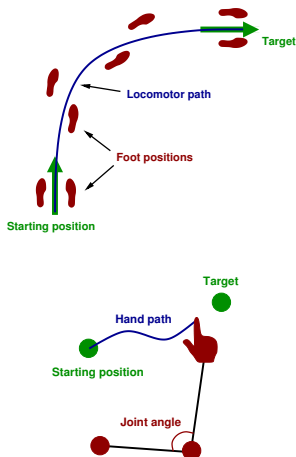
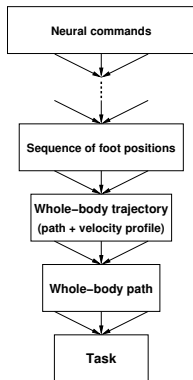
Trajectory formation



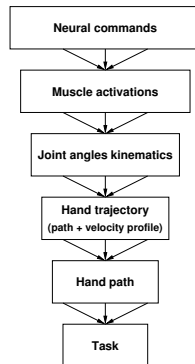
We focus here on the **formation of whole-body trajectories** in space

The redundancy problem

Redundancy in the formation of locomotor trajectories



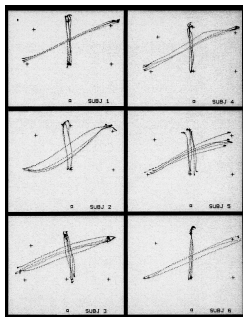
Redundancy in the control of arm movements



Jordan and Wolpert, in *The Cognitive Neuroscience*, 1999

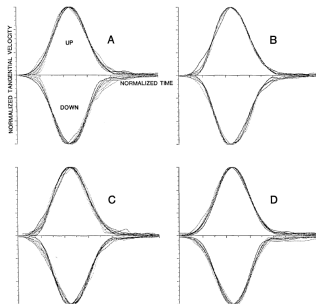
Spatial control of arm movements

Straight hand paths



Morasso, *Exp Brain Res*, 1981

Bell-shaped velocity profiles

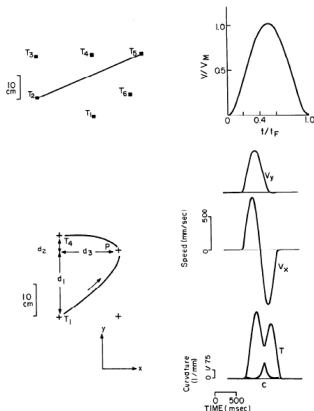


Atkeson and Hollerbach, *J Neurosci*, 1985

- Stereotypy observed only for **hand trajectories in Cartesian coordinates**
- Control in terms of Cartesian coordinates of the hand, not in terms of e.g. joint angles or muscle activity

Optimal control of arm movements

- ▶ Humans may select the hand trajectories that **minimize** a certain cost
- ▶ One popular model is the **minimum jerk** model developed by Flash and Hogan



$$\min_{x,y} \int_0^1 \left(\left(\frac{d^3x}{dt^3} \right)^2 + \left(\frac{d^3y}{dt^3} \right)^2 \right) dt$$

Typical features:

- ▶ Straight, smooth, hand paths
- ▶ Bell-shaped velocity profiles
- ▶ Inverse relationship between velocity and curvature (via-points)

Our approach

- ▶ Take inspiration from the litterature on arm movements control (the “**principle of motor equivalence**”, see Bernstein, *The co-ordination and regulation of movement*, 1967 and Berthoz, *Le sens du mouvement*, 1997)
 - ▶ Formation of locomotor **trajectories** (Vieilledent et al, *Neurosci Lett*, 2001; Hicheur et al, *Exp Brain Res*, 2005)
 - ▶ Optimal control principles
- ▶ Integrative view
- ▶ Combination of experimental and modeling studies

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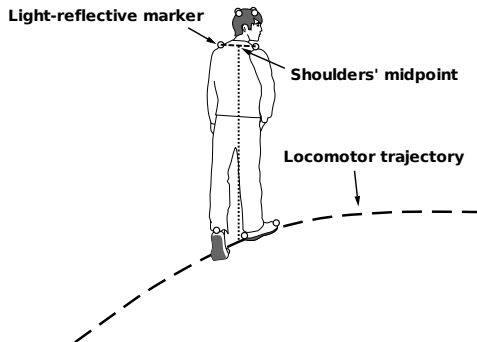
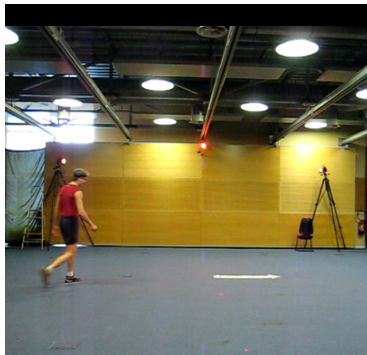
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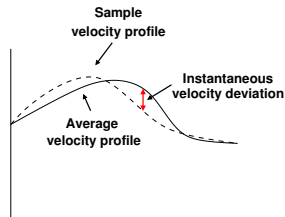
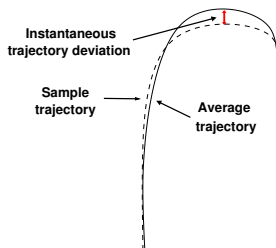
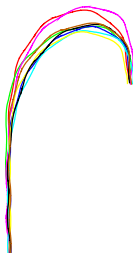
General experimental methods

- ▶ Motion capture system: infrared cameras + light reflective markers
- ▶ Body position defined by shoulders' midpoint



Average trajectories and variabilities

- ▶ Time rescaling so that $t_0 = 0$ and $t_1 = 1$
- ▶ Definition of average trajectories and variabilities



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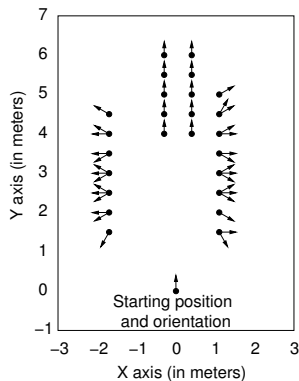
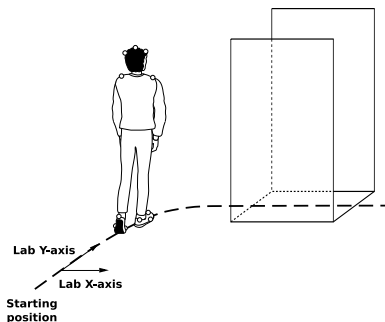
Conclusions

Experiment 1: stereotypy of locomotor trajectories

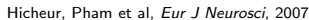
- ▶ Reminder: control of arm movements in terms of Cartesian coordinates of the hand
- ▶ What is planned and controlled in goal-oriented locomotion?
 - ▶ **Step-level**: plan and execute sequences of precise foot positions (FP), resulting in a whole-body trajectory
 - ▶ **Trajectory-level**: plan a whole-body trajectory (in Cartesian space) and implement it by appropriate sequences of foot positions
- ▶ Variability of the sequences of FP versus variability of whole-body trajectories

Experiment 1: methods

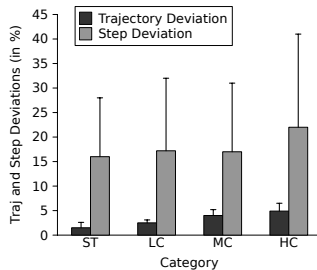
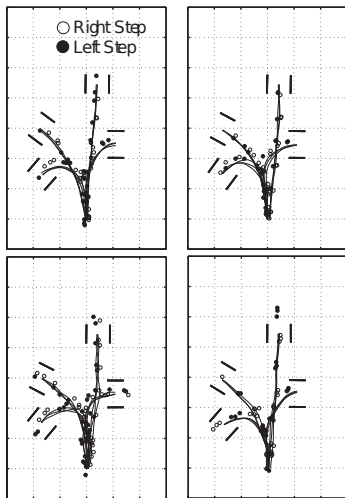
- Protocol: **walking towards and through a distant doorway** (Arechavaleta et al, 2006)
- Constraints on Initial and final positions and walking directions
- 40 targets (a target = position \times orientation)
- 6 subjects \times 40 targets \times 3 repetitions = 720 trajectories



Even for HC, maximum variability was $\leq 17\text{cm}$



Experiment 1: results (foot positions variability)



- ▶ variability of the sequences of FP ($\geq 20\%$ of step length)
- ▶ variability of whole-body trajectories ($\leq 5\%$ of trajectory length)

Experiment 1: conclusions

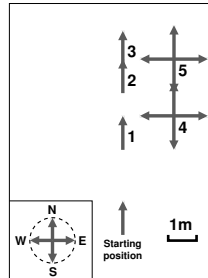
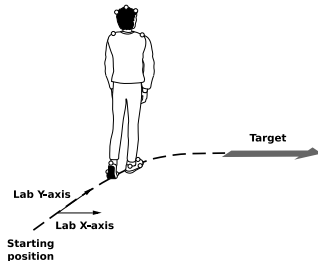
- ▶ Goal-oriented locomotion is not planned and controlled as a sequence of precise “foot pointings”
- ▶ Rather, it is likely planned and controlled at the level of **whole-body trajectories**
- ▶ This is reminiscent of the concept of spatial control of hand movements (Morasso, *Exp Brain Res*, 1981)

Experiment 2: influence of vision and of gait direction

- ▶ How whole-body trajectories are affected by changes in motor and sensory conditions?
- ▶ We varied the motor (walking forward or backward) and sensory (walking with or without vision) conditions

Experiment 2: methods

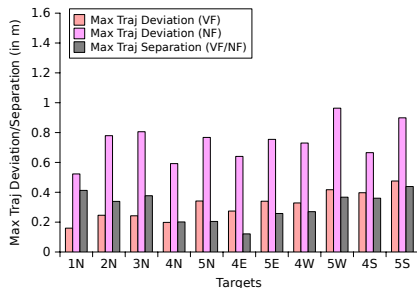
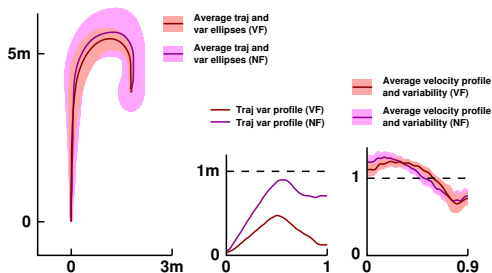
- ▶ Protocol: same as in Exp 1 with the door replaced by an arrow
- ▶ 4 conditions:
 - ▶ **Visual Forward (VF)**
 - ▶ **Nonvisual Forward (NF)**
 - ▶ **Visual Backward (VB)**
 - ▶ **Nonvisual Backward (NB)**
- ▶ 14 subjects \times 4 conditions \times 11 targets \times 3 repetitions



Experiment 2: results (effect of vision I)

Visual Forward (VF) vs Nonvisual Forward (NF)

- ▶ Small differences in average trajectories (MTS=30cm on average)
- ▶ Large differences in variability profiles (31cm for VF vs 74cm for NF)



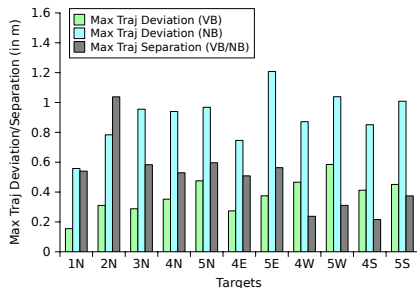
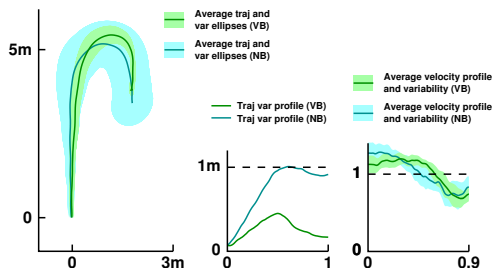
Pham and Hicheur, *J Neurophysiol*, 2009

Experiment 2: results (effect of vision II)

Visual Backward (VB) vs Nonvisual Backward (NB)

Same observations as in the comparison VF/NF:

- ▶ Relatively small differences in average trajectories (50cm)
- ▶ Large differences in variability profiles (38cm for VB vs 90cm for NB)

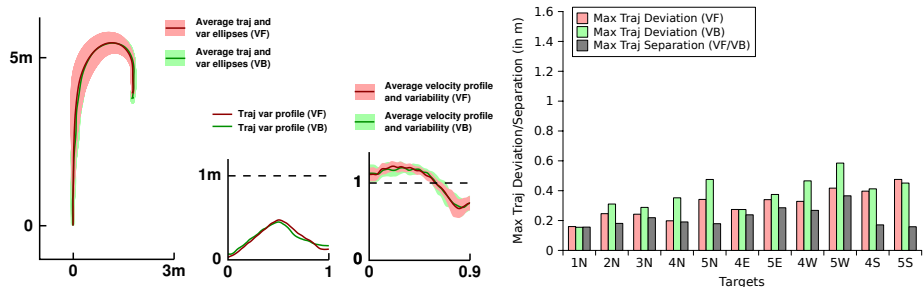


Pham et al, in preparation

Experiment 2: results (effect of gait direction I)

Visual Forward (VF) vs Visual Backward (VB)

- ▶ Small differences in average trajectories (22cm)
- ▶ Small differences in variability profiles (31cm vs 38cm)



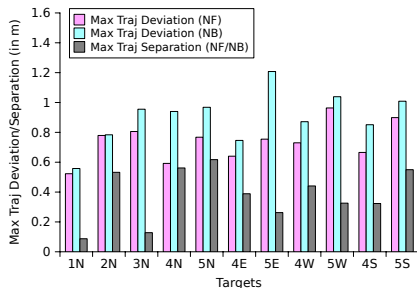
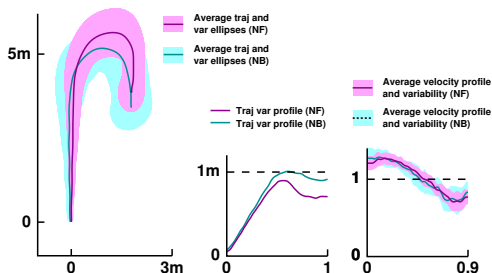
Pham et al, in preparation

Experiment 2: results (effect of gait direction II)

Nonvisual Forward (NF) vs Nonvisual Backward (NB)

Same observations as in the comparison **VF/VB**:

- ▶ Relatively small differences in average trajectories (38cm)
- ▶ Small differences in variability profiles (74cm vs 90cm)



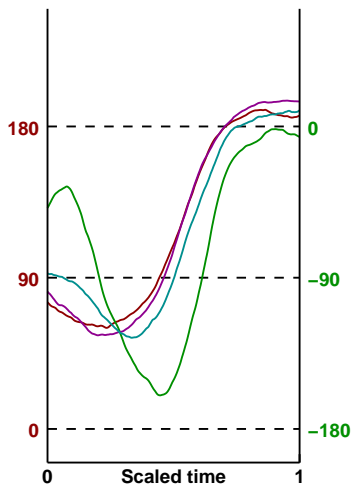
Pham et al, in preparation

Experiment 2: conclusions

- ▶ Average trajectories: similar across **visual** and **gait** direction conditions
⇒ trajectories are planned and controlled, to some extent, independently of **sensory** and **motor** conditions
- ▶ Gait direction does not affect the variability profiles
- ▶ Vision **does affect the variability profiles**
⇒ **Same open-loop processes** governing visual and nonvisual locomotion
⇒ Existence of **vision-dependent feedback processes**

Experiment 2: head/trunk coordination

We also studied the head/trunk coordination during steering, in the four conditions **VF**, **VB**, **NF**, **NB** (not shown here, can be discussed later)



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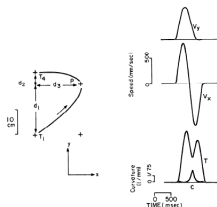
Control of locomotor trajectories

Stochastic optimal control models

Conclusions

Context

- ▶ Reminder: minimum jerk model for hand trajectories



- ▶ Common features of hand and locomotor trajectories:
 - ▶ smoothness
 - ▶ straightness for locomotor “reaching”
 - ▶ inverse relationship between velocity and curvature
- ▶ Can the minimum jerk model also simulate locomotor trajectories?

Minimum Square Derivative models

► Minimize

$$\min_{x,y} \int_0^1 \left(\frac{d^n x}{dt^n} \right)^2 + \left(\frac{d^n y}{dt^n} \right)^2 dt$$

for $n = 1, 2, 3, 4$ (min velocity, min acceleration, min jerk, mini snap)

► subject to the constraints (initial and final conditions)

$$\begin{aligned} x(0) &= x_0, & x(1) &= x_1 \\ y(0) &= y_0, & y(1) &= y_1 \\ \dot{x}(0) &= v_0^x, & \dot{y}(0) &= v_0^y \\ \dot{x}(1) &= v_1^x, & \dot{y}(1) &= v_1^y \\ \ddot{x}(0) &= a_0^x, & \ddot{y}(0) &= a_0^y \\ \ddot{x}(1) &= a_1^x, & \ddot{y}(1) &= a_1^y \end{aligned}$$

where the $x_0, x_1, y_0, v_0^x, \dots$ are extracted from the experimental data

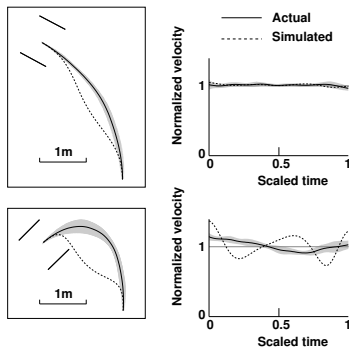
► For $n = 3$ (min jerk), the optimal trajectory is made of 5th-order polynomials

$$x(t) = c_5 x^5 + c_4 x^4 + c_3 x^3 + c_2 x^2 + c_1 x + c_0$$

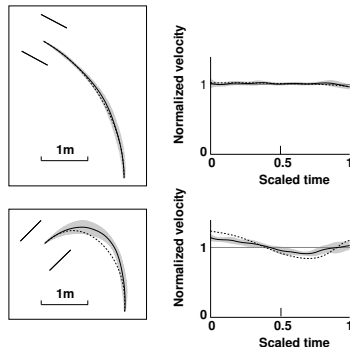
$$y(t) = d_5 y^5 + d_4 y^4 + d_3 y^3 + d_2 y^2 + d_1 y + d_0$$

Results: minimum velocity and minimum acceleration

Minimum velocity



Minimum acceleration

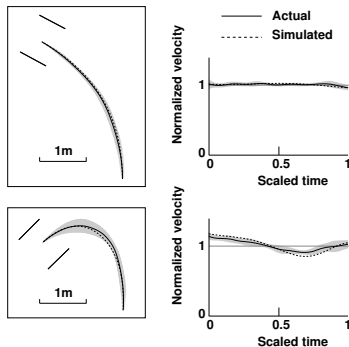


Pham et al, *Eur J Neurosci*, 2007

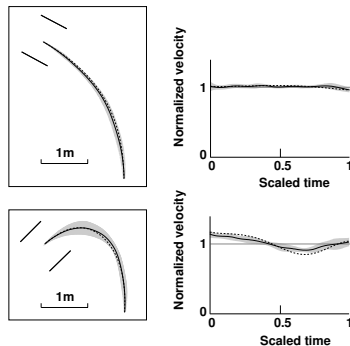
⇒ These models cannot simulate trajectories with large curvature

Results: minimum jerk and minimum snap

Minimum jerk



Minimum snap

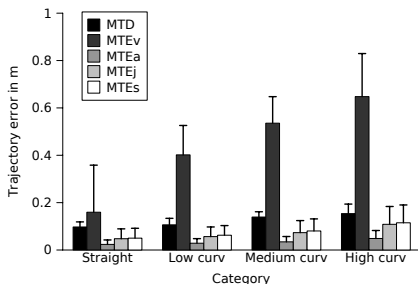


Pham et al, *Eur J Neurosci*, 2007

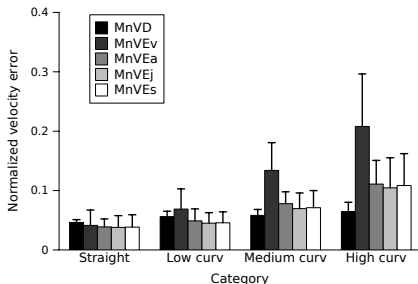
⇒ Good simulations for all categories: the simulated trajectory always lie **within** the variance ellipses

Results: quantitative comparisons

Max trajectory simulation error



Max velocity profile simulation error



Pham et al, *Eur J Neurosci*, 2007

- ▶ MTS $\leq 13\text{cm}$ for min jerk and min snap, that is $\leq 4\%$ of trajectory length
- ▶ This is also smaller than the experimental variability (5%)

Conclusions

- ▶ The minimum jerk model (and also the minimum snap model) can accurately predict the average locomotor trajectories
- ▶ The formation of hand and locomotor trajectories thus may obey the same organizing principles
- ▶ This strengthens the “**motor equivalence principle**” hypothesis: “*at the higher levels of the motor system, there may exist kinematic representations of movements that are independent of the nature of the actual effector*” (Bernstein, *The co-ordination and regulation of movement*, 1967)

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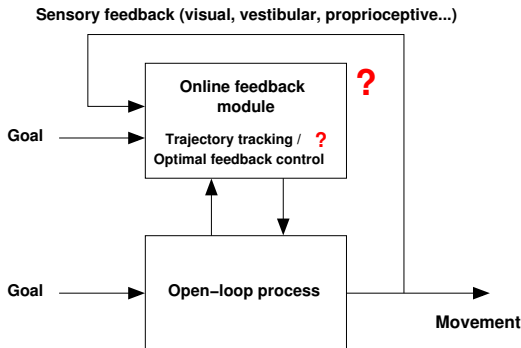
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Main assumption

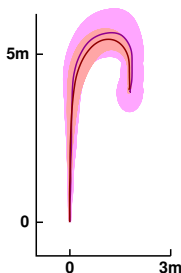
Two main issues (indicated by the question marks in the classical diagram)

- Existence of online feedback control in **visual** and **nonvisual** locomotion?
- Nature of the online feedback control?



Experiment 3: influence of vision on the variability profiles

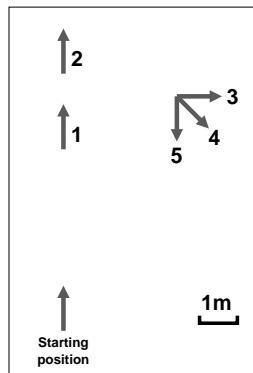
- ▶ Reminder: vision does not affect average trajectories



- ▶ How vision affects the variability profiles?
- ▶ Variability profiles in conditions **VF** vs **NF**

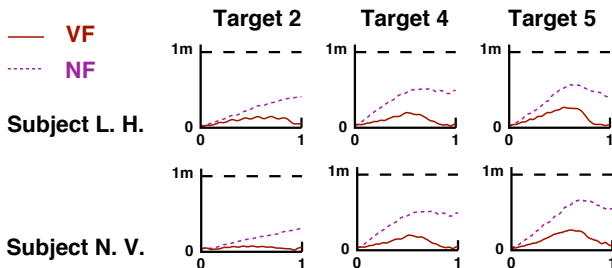
Experiment 3: methods

- ▶ Same protocol as in Exp 2
- ▶ 5 subjects \times 2 conditions (VF/NF) \times 5 targets \times 8 repetitions
- ▶ **Straight** targets: 1, 2 ; **Angled** targets: 3, 4 , 5
- ▶ **Intra-subject** analysis



Experiment 3: results

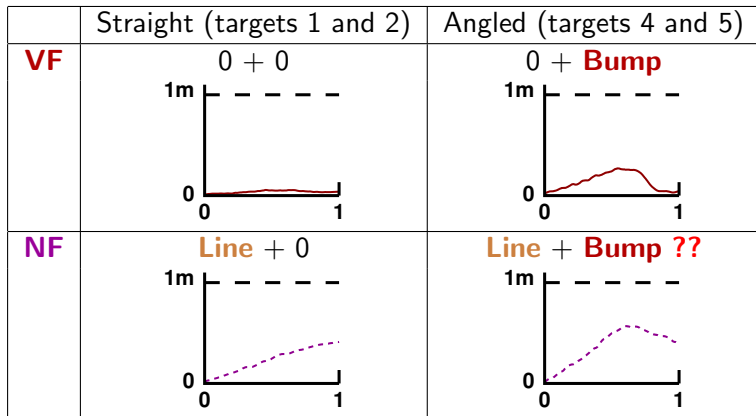
Variability profiles in conditions **VF** and **NF**



Pham and Hicheur, *J Neurophysiol*, 2009

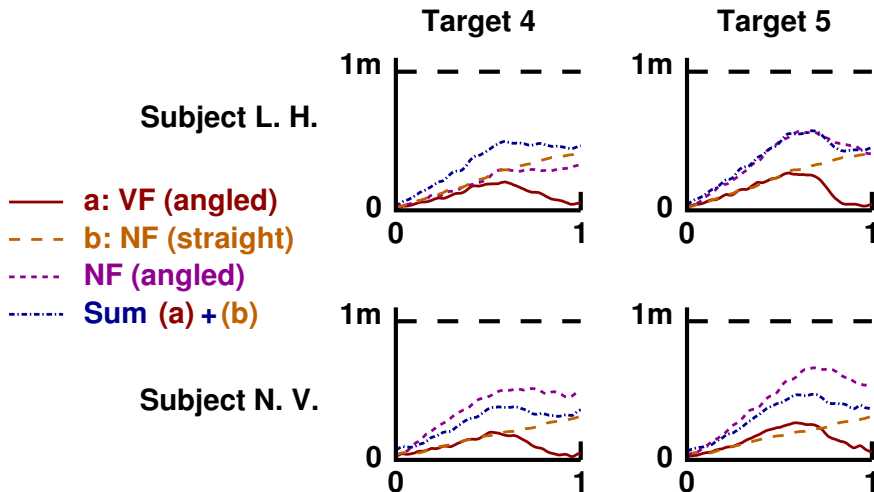
- Larger variability in NF than in VF
- VF: **zero** variability in straight targets, **bump-shape** in angled targets
- NF: **linearly increasing** in straight targets, **non-monotonic** in angled targets

Experiment 3: two-sources hypothesis



- Bump: motor-complexity-dependent, vision-independent
- Line: motor-complexity-independent, vision-dependent

Experiment 3: two-sources hypothesis, verification



Experiment 3: conclusions

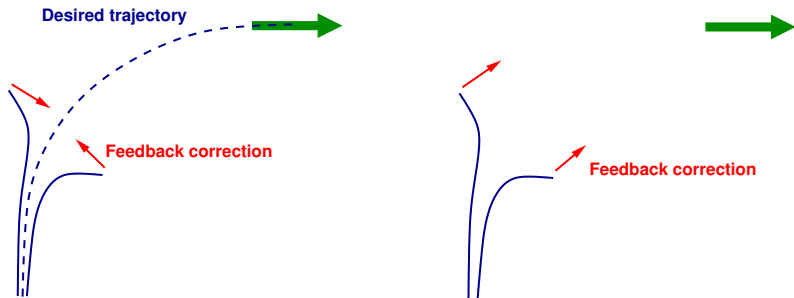
- ▶ Non-monotonic profiles \Rightarrow existence of online feedback control
- ▶ Two-sources hypothesis \Rightarrow the control mechanism in condition **NF** can be decomposed into:
 - ▶ a vision-independent component (bump)
 - ▶ a vision-dependent component (line)
- ▶ Bump-shape profile: interplay between execution noise and feedback control

Experiments 4 and 5

- ▶ What determines the amplitude of the variability in condition **VF**?
- ▶ **Experiment 4**: influence of the kinematic and geometric parameters of the trajectories on the variability (not shown here, can be discussed later)
- ▶ What is the nature of the online feedback?
 - ▶ “Desired-trajectory” tracking
 - ▶ optimal feedback control (see Todorov and Jordan, *Nat Neurosci*, 2002)
- ▶ **Experiment 5** (not shown here, can be discussed later)

“Desired-trajectory” versus optimal feedback control

- ▶ “Desired-trajectory” tracking operates in two steps
 1. Compute an optimal trajectory according to some cost
 2. Track this trajectory (correct any perturbations back to the desired trajectory)
- ▶ Optimal feedback control: no intermediate representation, optimally correct perturbations with respect to the task



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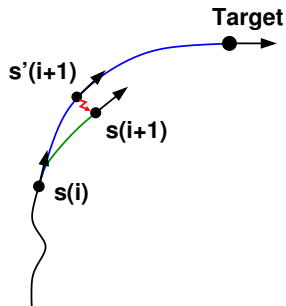
Context

- ▶ **Deterministic** models cannot explain **variability profiles**
- ▶ Here: **stochastic models**, more precisely some simplified **optimal feedback control** models (Hoff and Arbib, *J Mot Behav*, 1993; Todorov and Jordan, *Nat Neurosci*, 2002)
- ▶ Clarify the relationship between the control mechanisms in visual and nonvisual locomotion

Visual condition: description of the model

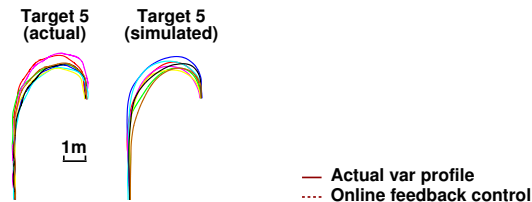
Basic idea of optimal feedback control:
“goal-directed corrections”

1. Discretize the movement into n steps
2. At step i , compute first a **minimum jerk** trajectory
3. Add some “signal-dependent” random perturbations to the provisional state $s'(i+1)$
4. Smoothly interpolate a new trajectory between the previous state $s(i)$ and the new perturbed state $s(i+1)$

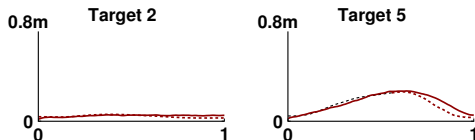


- Initially planned trajectory
- Random perturbation
- Re-planned trajectory

Visual condition: results



Pham and Hicheur,
J Neurophysiol, 2009

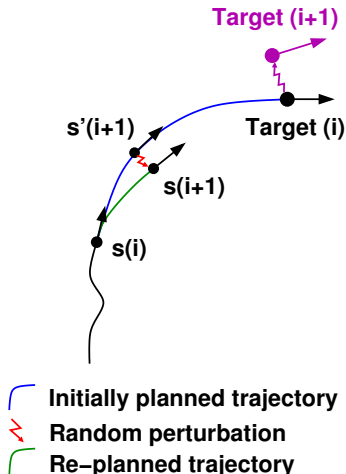


⇒ This model can simulate both the trajectories and the variability profiles:

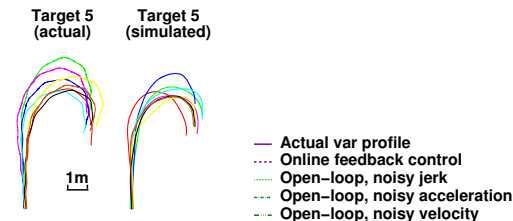
- ▶ almost **zero** in “straight” targets
- ▶ **bump-shaped** in “angled” targets

Nonvisual condition: online feedback model

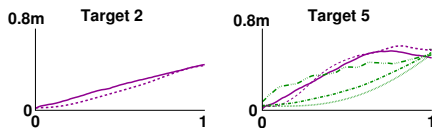
- ▶ “Two-sources” hypothesis
- ▶ The first component can be simulated by the same algorithm as in condition **VI**
- ▶ The second component is related to state estimation and can be rendered by **perturbing the target** (can be discussed later)



Nonvisual condition: results



Pham and Hicheur,
J Neurophysiol, 2009



⇒ This model can simulate the variability profiles:

- ▶ linearly increasing in “straight” targets
- ▶ non-monotonic in “angled” targets

Open-loop models cannot reproduce the non-monotonic behavior

Stochastic models: conclusions

- ▶ Existence of online feedback control in **nonvisual locomotion** confirmed
- ▶ Two-sources hypothesis confirmed
- ▶ In particular: visual and nonvisual locomotion not only share the **same open-loop processes** but also the **same feedback processes**
- ▶ In nonvisual locomotion, same control mechanisms as in visual, but with respect to a **corrupted target position**

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Summary of the results

- ▶ Locomotor trajectories are **stereotyped**. Goal-oriented locomotion is likely planned and controlled at the level of **whole-body trajectories in space**
- ▶ Locomotor trajectories are planned and controlled at a high cognitive level and, to some extent, **independently of the sensory and motor conditions** of locomotion
- ▶ Similar principles seem to underlie the formation of locomotor and hand trajectories
- ▶ A combination of optimal **open-loop** and **feedback** processes governs the formation of locomotor trajectories. The open-loop process is likely based on **minimum jerk** principle, the feedback process on **optimal feedback control**

Perspectives

- ▶ **Developmental and clinical aspects:** how the previous properties are acquired in children and how are they affected by motor and cognitive deficits (joint work with D^r Belmonti)
- ▶ **Locomotion and navigation in animals:** availability of electrophysiological data (rats) or of transgenic subjects with specific spatial cognition deficits (mice)
- ▶ **Humanoid robotics:** how our understanding of human locomotion can help building more efficient walking and navigating robots?

Remerciements

Je souhaiterais remercier

- ▶ MM. Alain Berthoz et Halim Hicheur
- ▶ MM. les membres du jury
- ▶ l'ensemble des collègues du LPPA et d'ailleurs
- ▶ l'ensemble du personnel du LPPA
- ▶ ma famille et mes amis