

ASYMPTOTIC ISOPERIMETRY OF BALLS IN METRIC MEASURE SPACES

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ABSTRACT. In this paper, we study the asymptotic behavior of the volume of spheres in metric measure spaces. We first introduce a general setting adapted to the study of asymptotic isoperimetry in a general class of metric measure spaces. Let \mathcal{A} be a family of subsets of a metric measure space (X, d, μ) , with finite, unbounded volume. For $t > 0$, we define

$$I_{\mathcal{A}}^{\downarrow}(t) = \inf_{A \in \mathcal{A}, \mu(A) \geq t} \mu(\partial A).$$

We say that \mathcal{A} is asymptotically isoperimetric if $\forall t > 0$

$$I_{\mathcal{A}}^{\downarrow}(t) \leq CI(Ct),$$

where I is the profile of X . We show that there exist graphs with uniform polynomial growth whose balls are not asymptotically isoperimetric and we discuss the stability of related properties under quasi-isometries. Finally, we study the asymptotically isoperimetric properties of connected subsets in a metric measure space. In particular, we build graphs with uniform polynomial growth whose connected subsets are not asymptotically isoperimetric.

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1. INTRODUCTION

The study of large scale isoperimetry on metric measure spaces has proven to be a fundamental tool in various fields ranging from geometric group theory [6, 10] to analysis and probabilities on graphs and manifolds [1, 2]. One of the targets of this paper is to find a simple setting adapted to the large scale study of isoperimetric properties. This includes some general assumptions on metric measure spaces, a convenient notion of “large scale” boundary of a subset, and a family of maps preserving the large scale isoperimetric properties. There are two kinds of questions concerning isoperimetry [11]: what is the isoperimetric profile? What are the subsets that optimize the isoperimetric profile? Here, we will formulate similar questions in a large scale setting: we will not be interested in the exact values of the isoperimetric profile but in its asymptotic behavior and we will consider sequences of subsets that optimize “asymptotically” the isoperimetric profile. Dealing with general metric measure spaces, the family of balls seems to be a natural candidate for optimizing asymptotically the isoperimetric profile. Nevertheless, we will see that even under apparently strong assumptions on the space X , this is not always the case.

1.1. Asymptotic isoperimetry in metric measure spaces.

1.1.1. Boundary of a subset and isoperimetric profile.

Let (X, d, μ) be a metric measure space. Let us denote by $B(x, r)$ the open ball of center x and radius r . We suppose that the measure μ is Borel and σ -finite. For any measurable subset A of X , any $h > 0$, write

$$A_h = \{x \in X, d(x, A) \leq h\},$$

and

$$\partial_h A = A_h \cap (A^c)_h.$$

Let us call $\partial_h A$ the h -boundary of A , and $\partial_h B(x, r)$ the h -sphere of center x and radius r .

Definition 1.1. Let us call the h -profile the nondecreasing function defined on \mathbf{R}_+ by

$$I_h(t) = \inf_{\mu(A) \geq t} \mu(\partial_h A),$$

where A ranges over all μ -measurable subsets of X with finite measure.

This definition of large-scale boundary has the following advantage: under some weak properties on the metric measure space X , we will see in Section 2.1 that in some sense, the boundary of a subset $A \subset X$ has a thickness that is “uniformly comparable to h ”. This will play a crucial role in the proof of the invariance of “asymptotic isoperimetric properties” under large-scale equivalence.

We could also define the boundary of a subset A by $\partial_h A = A_h \setminus A$. But with this definition, the thickness of the boundary may have uncontrollable “fluctuations”. Indeed, consider a Riemannian manifold X with boundary and take a subset A which is at distance $\varepsilon > 0$ from the boundary of X . Assume that $\varepsilon \ll h$. With the latter definition, the thickness of $\partial_h A$ may vary between h and ε and its volume may strongly depend on ε , even if X has bounded geometry. Note that this problem disappears with our definition since every point of the boundary of A is close to a ball of radius $h/2$ included in $\partial_h A$ (see Section 2.1 for precise statements).

1.1.2. Lower/upper profile restricted to a family of subsets.

Let (X, d, μ) be a metric measure space. In order to study isoperimetric properties of a family of subsets of X with finite, unbounded volume, it is useful to introduce the following notions

Definition 1.2. Let \mathcal{A} be a family of subsets of X with finite, unbounded volume. We call lower (resp. upper) h -profile restricted to \mathcal{A} the nondecreasing function $I_{h,\mathcal{A}}^\downarrow$ defined by

$$I_{h,\mathcal{A}}^\downarrow(t) = \inf_{\mu(A) \geq t, A \in \mathcal{A}} \mu(\partial_h A)$$

(resp. $I_{h,\mathcal{A}}^\uparrow(t) = \sup_{\mu(A) \leq t, A \in \mathcal{A}} \mu(\partial_h A)$).

Definition 1.3. Consider two monotone functions f and $g: \mathbf{R}_+ \rightarrow \mathbf{R}_+$. Say that $f \approx g$ if there exist some constants C_i such that $C_1 f(C_2 t) \leq g(t) \leq C_3 f(C_4 t)$ for all $t \in \mathbf{R}_+$.

The asymptotic behavior of a monotone function $\mathbf{R}_+ \rightarrow \mathbf{R}_+$ may be defined as its equivalence class modulo \approx .

We get a natural order relation on the set of equivalence classes modulo \approx of monotone functions defined on \mathbf{R}_+ by setting

$$(f \preceq g) \Leftrightarrow (\exists C_1, C_2 > 0, \forall t > 0, f(t) \leq C_1 g(C_2 t)).$$

We say that the family \mathcal{A} is **asymptotically isoperimetric** (resp. **strongly asymptotically isoperimetric**) if for all $A \in \mathcal{A}$

$$I_{h,\mathcal{A}}^\downarrow \preceq I_h$$

(resp. $I_{h,\mathcal{A}}^\uparrow \preceq I_h$).

Remark 1.4. Note that asymptotically isoperimetric means that for any t we can always choose an optimal set among those of \mathcal{A} whose measure is larger than t whereas strongly asymptotically isoperimetric means that every set of \mathcal{A} is optimal (but the family $(\mu(A))_{A \in \mathcal{A}}$ may be lacunar). In almost all cases we will consider, the family $(\mu(A))_{A \in \mathcal{A}}$ will not be lacunar, and strong asymptotic isoperimetry will imply asymptotic isoperimetry.

1.1.3. Large scale study.

Let us recall the definition of a quasi-isometry (which is also sometimes called rough isometry).

Definition 1.5. Let (X, d) and (X', d') two metric spaces. One says that X and X' are quasi-isometric if there is a function f from X to X' with the following properties.

- (a) there exists $C_1 > 0$ such that $[f(X)]_{C_1} = X'$.
- (b) there exists $C_2 \geq 1$ such that, for all $x, y \in X$,

$$C_2^{-1}d(x, y) - C_2 \leq d'(f(x), f(y)) \leq C_2 d(x, y) + C_2.$$

Example 1.6. Let G be a finitely generated group and let S_1 and S_2 two finite symmetric generating sets of G . Then it is very simple to see that the identity map $G \rightarrow G$ induces a quasi-isometry between the Cayley graphs (G, S_1) and (G, S_2) . At the beginning of the 80's, M. Gromov (see [6]) initiated the study of finitely generated groups up to quasi-isometry.

Example 1.7. The universal cover of a compact Riemannian manifold is quasi-isometric to every Cayley graph of the covering group (see [6] and [12]).

Note that the notion of quasi-isometry is purely metric. So, when we look for quasi-isometry invariant properties of metric measure spaces, we are led to assume some uniformity properties on the volume of balls. This is the reason why, for instance, this notion is well adapted to geometric group theory. But since we want to deal with more general spaces, we will define a more restrictive class of maps. Those maps will be asked to preserve locally the volume of balls.

On the other hand, as we will often use covering lemmas, we will need the following very weak “bounded geometry” property (see [1]).

Definition 1.8. Let us say that (X, d, μ) is **doubling at fixed radius**, or has property $(DV)_{loc}$ if for all $r > 0$, there exists $C_r > 0$ such that, for all $x \in X$

$$\mu(B(x, 2r)) \leq C_r \mu(B(x, r)).$$

Remark 1.9. Note that Property $(DV)_{loc}$ is local in r but uniform in x .

Example 1.10. Bounded degree graphs or Riemannian manifolds with Ricci curvature bounded from below satisfy $(DV)_{loc}$.

The following notion was introduced by Kanai [8] (see also [1]).

Definition 1.11. Let (X, d, μ) and (X', d', μ') two metric measure spaces with property $(DV)_{loc}$. Let us say that X and X' are large scale equivalent (we can easily check that it is an equivalence relation) if there is a function f from X to X' with the following properties: there exist some constants $C_1 > 0$, $C_2 \geq 1$, $C_3 \geq 1$ such that

- (a) f is a quasi-isometry of constants C_1 and C_2 ;
- (b) for all $x \in X$

$$C_3^{-1} \mu(B(x, 1)) \leq \mu'(B(f(x), 1)) \leq C_3 \mu(B(x, 1)).$$

Focusing our attention on balls of radius 1 may not seem very natural. Nevertheless, this is not a serious issue since property $(DV)_{loc}$ allows to make no distinction between balls of radius 1 and balls of radius C for any constant $C > 0$.

Remark 1.12. Note that for graphs with bounded degree (equipped with the counting measure), or Riemannian manifolds with bounded Ricci curvature (equipped with the Riemannian measure), quasi-isometries are automatically large-scale equivalences.

1.2. Volume of balls and growth function.

Let (X, d, μ) be a metric measure space. The equivalence class modulo \approx of $\mu(B(x, r))$ does not depend on x . We call it the volume growth of X and we write it $V(r)$. One can easily show the next result (see [1]).

Proposition 1.13. *The volume growth is invariant under large-scale equivalence (among $(DV)_{loc}$ spaces).*

Definition 1.14. Let X be a metric measure space. We say that X is doubling if there exists a constant $C > 0$ such that, $\forall x \in X$ and $\forall r \geq 0$

$$(1.1) \quad \mu(B(x, 2r)) \leq C \mu(B(x, r)).$$

We will call this property (DV) .

Remark 1.15. It is easy to see that (DV) is invariant under large scale equivalence between $(DV)_{loc}$ spaces. To be more general, we could define an asymptotic doubling condition $(DV)_{\infty}$, restricting (1.1) to balls of radius more than a constant (depending on the space). Property $(DV)_{\infty}$ is also stable under large-scale equivalence between $(DV)_{loc}$ spaces and has the advantage to focus on large scale properties only. Actually, in every situation met in this paper, the assumption (DV) can be replaced by $(DV)_{\infty} + (DV)_{loc}$ (note that they are equivalent for graphs). Nevertheless, for the sake of simplicity, we will leave this generalization aside.

Example 1.16. A crucial class of doubling spaces is the class of spaces with polynomial growth: we say that a metric measure space has (strict) polynomial growth of degree d if there exists a constant $C \geq 1$ such that, $\forall x \in X$ and $\forall r \geq 1$

$$C^{-1} r^d \leq \mu(B(x, r)) \leq C r^d.$$

Note that Gromov (see [4]) proved that every doubling finitely generated group is actually of polynomial growth of integer degree (since it is virtually nilpotent).

1.3. Organization of the paper.

In the next section, we present a setting adapted to the study of asymptotic isoperimetry in general metric measure spaces. The main interest of this setting is that the “asymptotic isoperimetric properties” are invariant under large-scale equivalence. In particular, it will imply that if X is a $(DV)_{loc}$ and uniformly connected (see next section) space, then the class modulo \approx of I_h will not depend any more on h provided h is large enough. For that reason, we will simply denote I instead of I_h . Then, we introduce a notion of weak geodesicity which is invariant under Hausdorff equivalence (see § 2.2) but not under quasi-isometry. We call it property (M) since it can be formulated in terms of existence of some “monotone” geodesic chains between any pair of points. This property plays a crucial role when we want to obtain upper bounds for the volume of spheres (see [14]). It will also appear as a natural condition for some properties discussed in this paper.

Here are the two main problems concerning isoperimetry in metric measure spaces: first, determining the asymptotic behavior of the profile; second, finding families of subsets that optimize the profile. The asymptotic behavior of I is more or less related to volume growth (see [2] and [9] for the case of finitely generated groups). In the setting of groups, the two problems have been solved for Lie groups (and for polycyclic groups) in [10] and [2] and for a wide class of groups constructed by wreath products in [3]. It seems very difficult (and probably desperate) to get general statements for graphs with bounded degree without any regularity assumption (like doubling property or homogeneity). On the other hand, let us emphasize the fact that doubling condition appears as a crucial assumption in many fields of analysis. So in this article, we will deal essentially with doubling metric measure spaces.

Without any specific assumption on the space, balls seem to be natural candidates for being isoperimetric subsets, especially when the space is doubling (see Corollary 3.4).

One could naively think that thanks to Theorem 2.10, a property like asymptotic isoperimetry of balls is stable under large-scale equivalence. Unfortunately, it is not the case: this is essentially due to the fact that the image of a ball under a quasi-isometry is quite far from being a ball. Namely, in order to apply Theorem 2.10, one would need the existence of some $C > 0$ such that

$$(1.2) \quad B(f(x), r - C) \subset [f(B(x, r))]_C \subset B(f(x), r + C) \quad \forall x \in X, \forall r > 0.$$

This condition is satisfied if f is a Hausdorff¹ equivalence. But if f is only a quasi-isometry, one cannot expect better than the following inclusions

$$(1.3) \quad B(f(x), C^{-1}r - C) \subset [f(B(x, r))]_C \subset B(f(x), Cr + C) \quad \forall x \in X, \forall r > 0.$$

Let us introduce some terminology. First, let us write \mathcal{B} for the family of all balls of X .

Definition 1.17. Let X be a metric measure space.

- We say that X is **(IB)** if balls are asymptotically isoperimetric, i.e. if

$$I_{\mathcal{B}}^{\downarrow} \preceq I.$$

Otherwise, we will say that X is **(NIB)**.

- We say that X is **strongly-(IB)** if balls are strongly asymptotically isoperimetric, i.e. if

$$I_{\mathcal{B}}^{\uparrow} \preceq I.$$

- Finally, we say that a metric measure space is **stably-(IB)** (resp. stably-(NIB)) if every space with² Property (M), large scale equivalent to X is (IB) (resp. (NIB)).

Definition 1.18. We say that a space (X, d, μ) satisfies a strong (isoperimetric) inequality—or that X has a strong profile—if $I \succeq id/\phi$ where ϕ is the equivalence class modulo \approx of the function

$$t \rightarrow \inf\{r, \mu(B(x, r)) \geq t\}.$$

We will show that every doubling space satisfying a strong isoperimetric inequality satisfies (IB). This actually implies that such a space satisfies stably-(IB). In particular, any compactly generated, locally compact group of polynomial growth satisfies (IB). In contrast, apart from the Abelian case [14], it is still unknown whether such a group G satisfies strongly-(IB) or not, or, in

¹See § 2.2 for a definition.

²Property (M) is an abbreviation for “monotone geodesic property” which is slightly weaker than being geodesic, see Definition 2.15.

other words, if we have $\mu(K^{n+1} \setminus K^n) \approx n^{d-1}$ where K is a compact generating set of G and μ is a Haar measure on G .

Conversely, we will show that every strongly-(IB) doubling space satisfies a strong isoperimetric inequality. On the other hand, we will see that the strong isoperimetric inequality does not imply strongly-(IB), even if the volume growth is linear ($V(r) \approx r$).

To see that strongly-(IB) is not stable under large scale equivalence, even among graphs with polynomial growth, we shall construct a graph quasi-isometric to \mathbf{Z}^2 whose volume of spheres is not dominated by $r^{\log 3 / \log 2}$ (where r is the radius). Note that this can be compared with the following result (see [14], theorem 1)

Theorem 1.19. [14] *Let X be a metric measure space with properties (M) and (DV) (for instance, a graph or a complete Riemannian manifold with the doubling property). There exists $\delta > 0$ and a constant $C > 0$ such that, $\forall x \in X$ and $\forall r > 0$*

$$\mu(B(x, r+1) \setminus B(x, r)) \leq Cr^{-\delta} \mu(B(x, r)).$$

In particular, the ratio $\mu(\partial B_{x,r}(x)) / \mu(B(x, r))$ tends to 0 uniformly in x when r goes to infinity.

When the profile is not strong, we will see that a many situations can happen. All the counterexamples built in the corresponding section will be graphs of polynomial growth.

The case of a bounded profile is quite specific.³ Indeed, in that case, and under some hypothesis on X (including graphs and manifolds with bounded geometry), we will prove that if $(P_n)_{n \in \mathbf{N}}$ is an asymptotically isoperimetric sequence of connected subsets of X , one can find a constant $C \geq 1$ and $\forall n \in \mathbf{N}$, some $x_n \in X, r_n > 0$ such that

$$B(x_n, r_n) \subset P_n \subset B(x_n, Cr_n).$$

Note that here, we don't ask X to be doubling.

Nevertheless, we will see that there exist graphs with polynomial growth (with unbounded profile) such that no asymptotically isoperimetric family has this property. In particular, those graphs are stably-(NIB).

To be complete, we also build graphs with polynomial growth, bounded profile and satisfying stably-(NIB).

Concerning the stability under large-scale equivalence, we will see that even among graphs with polynomial growth, with bounded or unbounded profile, property (IB) is not stable under large-scale equivalence (in the case of graphs equipped with the counting measure, a large-scale equivalence is simply a quasi-isometry).

Finally, we shall examine isoperimetric properties of connected subsets (say that A is (metrically) connected if for any partition $A = A_1 \sqcup A_2$, with $d(A_1, A_2) \geq 10$, either A_1 or A_2 is empty). Clearly, since balls of a (M)-space are connected, the strong isoperimetric inequality implies that connected sets are asymptotically isoperimetric. On the other hand, we will show that there exist graphs with polynomial growth whose connected subsets are not asymptotically isoperimetric.

2. ISOPERIMETRY AT INFINITY: A GENERAL SETTING

2.1. Isoperimetry at a given scale.

The purpose of this section is to find some minimal conditions under which “isoperimetric properties at infinity” become invariant under large-scale equivalence. In the introduction, namely in Section 1.1.1, we justified our definition of the boundary by the fact that we want it to have a uniform thickness. Nevertheless, it is not sufficient to our purpose: we will also need a discrete connectivity property. Indeed, if X is a graph and if $h < 1$, then every subset of X has a trivial h -boundary, so that all the isoperimetric properties of X are trivial.

Definition 2.1. Let X be a metric space and fix $b > 0$. Let us call a b -chain of length n from x to y , a finite sequence $x_0 = x, \dots, x_n = y$ such that $d(x_i, x_{i+1}) \leq b$.

The following definition can be used to study the isoperimetry at a given scale, although we will only use it “large-scale version” in this paper.

³Note that there exist infinite self-similar graphs such as the unbounded Sierpinski gasket [13], with polynomial growth and with bounded asymptotic isoperimetric profile.

Definition 2.2.

Scaled version: Let $b > 0$ and $E_1 \gg b$. Let us say that X is uniformly b -connected at scale $\leq E_1$ if there exists a constant $E_2 \geq E_1$ such that for every couple $x, y \in X$ such that $d(x, y) \leq E_1$, there exists a b -chain from x to y totally included in $B(x, E_2)$.

Large-scale version: If, for all $E_1 \gg b$, X is uniformly b -connected at scale $\leq E_1$, then we say that X is uniformly b -connected (or merely uniformly connected).

Remark 2.3. Note that in the scaled version, the space X is allowed to have a proper nonempty subset A such that $d(A, A^c) > E_1$: in this case X is not b -connected.

Invariance under quasi-isometry: Note that if X is uniformly b -connected at scale $\leq E_1$ and if $f : X \rightarrow X'$ is a quasi-isometry of constants C_1 and C_2 smaller enough than E , then X' is uniformly $C_2b + C_1$ -connected at scale $\leq E_1/C_2 - C_1$. In particular, if X is uniformly b -connected, then X' is uniformly $(C_2b + C_1)$ -connected.

Remark 2.4. Let us write $d_b(x, y)$ for the b -distance from x to y , that is, the minimal length of a b -chain between x and y (note that if every couple of points of X can be joined by a b -chain, then d_b is a pseudo-metric on X).

If there⁴ exists $C > 0$ such that, for all $x, y \in X$, one has $d_b(x, y) \leq Cd(x, y) + C$, then in particular, X is uniformly b -connected.

Example 2.5. A graph and a Riemannian manifold are respectively uniformly 1-connected and uniformly b -connected for all $b > 0$.

Proposition 2.6. *Let X be a uniformly b -connected space at scale $\leq E_1$. Let h be such that $h \geq 2b$.*

- (i) *For every subset A of X and every $x \in A^c$ such that $d(x, A) < E_1$ (resp. $x \in A$ such that $d(x, A^c) < E_1$), there exists a point $z \in \partial_h A$ at distance $\leq E_2$ of x such that*

$$B(z, b) \subset \partial_h A.$$

- (ii) *If, moreover, X is $(DV)_{loc}$ and $h \ll E_1$, then there exists a constant $C' \geq 1$ such that, for every subset A , there exists a family $(B(y_i, b))_i$ included in $\partial_h A$, such that, for all $i \neq j$, $d(y_i, y_j) \geq E_2$ and such that*

$$\sum_i \mu(B(y_i, b)) \leq \mu(\partial_h A) \leq C' \sum_i \mu(B(y_i, b)).$$

- (iii) *The h -boundary measure of a subset of a $(DV)_{loc}$, uniformly b -connected space does not depend on h up to a multiplicative constant, provided $E_1 \gg h \geq 2b$.*

Proof: Let $x \in A^c$ such that $d(x, A) < E_1$ and let $y \in A$ be such that $d(x, y) \leq E_1$. We know from the hypothesis that there exists a finite chain $x_0 = x, x_1, \dots, x_n = y$ satisfying

- $x_n \in A$,
- $d(x, x_i) \leq E_2$ for all i ,
- for all $1 \leq i \leq n$, $d(x_{i-1}, x_i) \leq b$.

Since $x \in A^c$ and $y \in A$, there exists $j \leq n$ such that $x_{j-1} \in A^c$ and $x_j \in A$. Clearly, $x_j \in A_b \cap [A^c]_b = \partial_b A$. But since $[\partial_b A]_b \subset \partial_{2b} A \subset \partial_h A$, the ball $B(x_j, b)$ is included in $\partial_h A$, which proves the first assertion.

Let us show the second assertion. Consider a maximal family of disjoint balls $(B(x_i, 2E_2))_{i \in I}$ with centers $x_i \in \partial_h A$. Then $(B(x_i, 5E_2))_{i \in I}$ forms a covering of $\partial_h A$.

Using the first assertion and the fact that $h \ll E_1$, one sees that each $B(x_i, 2E_2)$ contains a ball $B(y_i, b)$ included in $\partial_h A$. It is clear that the balls $B(y_i, 10E_2)$ form a covering of $\partial_h A$ and that the balls $(B(y_i, b))$ are disjoint. But, by property $(DV)_{loc}$, there exists $C' \geq 1$, depending on b and E_2 , such that, for all $i \in I$

$$\mu(B(y_i, 10E_2)) \leq C' \mu(B(y_i, b)).$$

We deduce

$$\sum_i \mu(B(y_i, b)) \leq \mu(\partial_h A) \leq C' \sum_i \mu(B(y_i, b))$$

⁴Such a space is often called b -quasi-geodesic.

which proves (ii). The assertion (iii) now follows from (ii). ■

Remark 2.7. This proposition gives conditions to study isoperimetry at scale between b and E_1 , i.e. choosing h far from those two bounds. Thus, we will always assume that this condition holds and we will simply write ∂A instead of $\partial_h A$. Otherwise, problems may happen. We talked about what can occur if $h < b$ at the beginning of this section. Now, let us give an idea of what can happen if $h > E_1$. Consider a metric measure space X such that $X = \cup_{i \in I} X_i$ where the X_i are subsets such that $d(X_i, X_j) \geq E_1$ whenever $i \neq j$ and such that $\mu(X_i)$ is finite for every $i \in I$ but not bounded. Note that for $h < E_1$ the boundary of every X_i is empty so that the family $(X_i)_{i \in I}$ is trivially asymptotically isoperimetric. But this can change dramatically if $h > E_1$ because the boundary of X_i can meet many X_j 's for $j \neq i$.

Remark 2.8. If we replace uniformly b -connected at scale $\leq E_1$ by uniformly b -connected, then the proposition gives a setting adapted to the study of large scale isoperimetry. Namely, it says that for a uniformly b -connected, $(DV)_{loc}$ space, the choice of h does not matter, provided $h \geq 2b$.

Corollary 2.9. *Let X be a $(DV)_{loc}$, uniformly b -connected space. If $h, h' \geq 2b$, we have*

$$I_h \approx I_{h'}.$$

So, from now on, we will simply call ‘‘profile’’ (instead of h -profile) the equivalence class modulo \approx of I_h . Note that the same holds for restricted profiles $I_{h, \mathcal{A}}^\downarrow$, and $I_{h, \mathcal{A}}^\uparrow$ that we will simply denote $I_{\mathcal{A}}^\downarrow$ and $I_{\mathcal{A}}^\uparrow$ (where \mathcal{A} is a family of subsets of X).

The following theorem shows that a large-scale equivalence f with controlled constants essentially preserves all isoperimetric properties.

Theorem 2.10. *Let $f : (X, d, \mu) \rightarrow (X', d', \mu')$ be a large-scale equivalence (with constants C_1, C_2 and C_3) where X (resp. X') is $(DV)_{loc}$ and uniformly b -connected at scale $\leq E_1$ (resp. uniformly b' -connected at scale $\leq E'_1$). We suppose also that E_1 and E'_1 are far larger than C_1, C_2, C_2b and $C_2(b' + C_1)$. Then, there exists a constant $K \geq 1$ such that, for any subset A of finite measure*

$$\mu'(\partial[f(A)]_{C_1}) \leq K\mu(\partial A).$$

Proof: Let us start with a lemma.

Lemma 2.11. *Let X be a $(DV)_{loc}$ space and fix some $\alpha > 0$. Then there exists a constant $c > 0$ such that, for all family $(B(x_i, \alpha))_{i \in I}$ of disjoint balls of X , there is a subset J of I such that $\forall j \in J$, the balls $B(x_j, 2\alpha)$ are still disjoint, and such that*

$$\sum_{j \in J} \mu(B(x_j, 2\alpha)) \geq c \sum_{i \in I} \mu(B(x_i, \alpha)).$$

Proof: Let us consider a maximal subset J of I such that $(B(x_j, 2\alpha))_{j \in J}$ forms a family of disjoint balls. Then, by maximality, we get

$$\bigcup_{i \in I} B(x_i, \alpha) \subset \bigcup_{j \in J} B(x_j, 4\alpha).$$

We conclude thanks to property $(DV)_{loc}$. ■

To fix ideas, take $h = 2b$ and $h' = 2b'$. Assertion (ii) of Proposition 2.6 implies that there exists a family of balls $(B(y_i, b'))_i$ included in $\partial[f(A)]_{C_1}$ such that, for all $i \neq j$, $d(y_i, y_j) \geq E'_2$ and such that

$$\sum_i \mu(B(y_i, b')) \leq \mu(\partial_h[f(A)]_{C_1}) \leq C' \sum_i \mu(B(y_i, b')).$$

By the lemma, and up to changing the constant C' , one can even suppose that $d(y_i, y_j) \gg C_2 E_2$ for $i \neq j$.

For all i , let x_i be an element of X such that $d(f(x_i), y_i) \leq C_1$. The points x_i are then at distance $\gg E_2$ to one another. Moreover, since y_i is both at distance $\leq 2b + C_1$ of $f(A)$ and of $f(A^c)$, x_i is both at distance $\ll E_1$ of A and of A^c . So, by the assertion (i) of the proposition, there exists a ball $B(z_i, b)$ included in $\partial A \cap B(x_i, E_2)$. Since balls $B(x_i, E_2)$ are disjoint, so are the $B(z_i, b)$.

The theorem then follows from property $(DV)_{loc}$ and from property of “almost-conservation” of the volume (property (b)) of large-scale equivalence. ■

Remark 2.12. Note that in the case of graphs, the condition $h \geq 2$ can be relaxed to $h \geq 1$ (the proposition and the theorem stay true and their proofs are unchanged).

Corollary 2.13. *Under the hypotheses of the theorem, we have*

- (i) *if the family $(A_i)_{i \in I}$ is asymptotically isoperimetric, then so is $(f(A_i)_b)_{i \in I}$;*
- (ii) *if I and I' are the profiles of X and X' respectively, we get $I \approx I'$.*

The corollary results immediately from the theorem and the following proposition. ■

Proposition 2.14. *Let f be a large-scale equivalence between two $(DV)_{loc}$ spaces X and X' . Then for every subset A of X , there exists $C \geq 1$ such that*

$$\mu(A) \leq C\mu'([f(A)]_{C_1}).$$

Proof: Consider a maximal family of disjoint balls $(B(y_i, C_1))_{i \in I}$ whose centers belong to $f(A)$. These balls are clearly included in $[f(A)]_{C_1}$. By property $(DV)_{loc}$, the total volume of these balls, and therefore $\mu'([f(A)]_{C_1})$, are comparable to the sum of the volumes of balls $B(x_i, 3C_1)_{i \in I}$ that form a covering of $[f(A)]_{C_1}$. The preimages of these balls thus cover A . But, for each i , $f^{-1}(B(y_i, 3C_1))$ is contained in a ball of radius $3C_1C_2 + C_2$ and of center $x_i \in f^{-1}(\{y_i\})$. By property $(DV)_{loc}$ and property of almost-conservation of the measure of small balls (property (b)) of f , the measure of this ball is comparable to that of $B(y_i, 3C_1)$. So we are done. ■

Finally, let us mention that if we suppose that X and X' are uniformly connected and satisfy the $(DV)_{loc}$ condition, then Theorem 2.10 and its corollary hold for any large-scale equivalence f .

2.2. Property (M): monotone geodesicity.

Let us introduce a natural (but quite strong) property of geodesicity.

Definition 2.15. Let us say that (X, d) has property (M) if there exists $C \geq 1$ such that, $\forall x \in X$, $\forall r > 0$ and $\forall y \in B(x, r + 1)$, we have $d(y, B(x, r)) \leq C$.

Remark 2.16. Let (X, d) be a (M) metric space. Then X has “monotone geodesics” (this is why we call this property (M)): i.e. there exists $C \geq 1$ such that, for all $x, y \in X$, there exists a finite chain $x_0 = x, x_1, \dots, x_n = y$ such that $\forall 0 \leq i < n$,

$$d(x_i, x_{i+1}) \leq C;$$

and

$$d(x_i, x) \leq d(x_{i+1}, x) - 1.$$

Consequently, $\forall r, k > 0$, $\forall y \in B(x, r + k)$, we have

$$d(y, B(x, r)) \leq Ck.$$

These two properties are actually trivially equivalent to property (M).

Recall (see [7], p 2) that two metric spaces X and Y are said Hausdorff equivalent

$$X \sim_{Hau} Y$$

if there exists a (larger) metric space Z such that X and Y are contained in Z and such that

$$\sup_{x \in X} d(x, Y) < \infty$$

and

$$\sup_{y \in Y} d(y, X) < \infty.$$

Remark 2.17. It is easy to see that property (M) is invariant under Hausdorff equivalence. But on the other hand, property (M) is unstable under quasi-isometry. To construct a counterexample, one can quasi-isometrically embed \mathbf{R}_+ into \mathbf{R}^2 such that the image, equipped with the induced metric does not have property (M): consider a curve starting from 0 and containing for every $k \in \mathbf{N}$ a half-circle of radius 2^k . So it is strictly stronger than quasi-geodesic property ([7], p 7), which is

invariant under quasi-isometry: X is quasi-geodesic if there exist two constants $d > 0$ and $\lambda > 0$ such that for all $(x, y) \in X^2$ there exists a finite chain of points of X

$$x = x_0, \dots, x_n = y,$$

such that

$$d(x_{i-1}, x_i) \leq d, \quad i = 1 \dots n,$$

and

$$\sum_{i=1}^n d(x_{i-1}, x_i) \leq \lambda d(x, y).$$

Example 2.18. A geodesic space has property (M), in particular graphs and complete Riemannian manifolds have property (M). A discretisation (i.e. a discrete net) of a Riemannian manifold X has property (M) for the induced distance.

Remark 2.19. Note that in general, if X is a metric measure space, we have

$$\partial_{1/2} B(x, r + 1/2) \subset B(r + 1) \setminus B(x, r).$$

Moreover, if X has property (M), then, we have

$$B(x, r + 1) \setminus B(x, r) \subset \partial_C B(x, r + 1).$$

Note that this is not true in general, even for quasi-geodesic spaces.

3. LINK BETWEEN ISOPERIMETRY OF BALLS AND STRONG ISOPERIMETRIC INEQUALITY

3.1. Strong isoperimetric inequality implies (IB).

To fix ideas, spaces we will consider from now on will be $(DV)_{loc}$ and uniformly 1-connected. Let us write $\partial A = \partial_2 A$ for any subset A of a metric space X .

Let X be a metric measure space. Let V be a nondecreasing function belonging to the volume growth class (for instance $V(r) = \mu(B(x, r))$ for $x \in X$). Write $\phi(t) = \inf\{r, V(r) \geq t\}$ for the ‘‘right inverse’’ function of V . Remark that if f and g are nondecreasing functions $\mathbf{R}_+ \rightarrow \mathbf{R}_+$, then $f \approx g$ if and only if their right inverses are equivalent. In particular, the equivalence class of ϕ is invariant under large-scale equivalence.

Definition 3.1. Let us call a strong isoperimetric inequality the following kind of isoperimetric inequality

$$\forall A \subset X, \quad |\partial A| \geq C^{-1} |A| / \phi(C|A|).$$

Remark that this is equivalent to

$$I \succeq id / \phi,$$

Therefore, if X satisfies a strong isoperimetric inequality, we will say that it has a strong profile.

Example 3.2. If X has polynomial growth of degree d , we have $\phi(t) \approx t^{1/d}$. So X has a strong profile if and only if

$$I \succeq (id)^{\frac{d-1}{d}}.$$

Write, for all $x \in X$ and for all $0 < r < r'$

$$C_{r,r'}(x) = B(x, r') \setminus B(x, r).$$

Proposition 3.3. *Let X be a doubling space (here, no other hypothesis is required). There exists a constant $C \geq 1$ such that*

$$\forall x \in X, \forall r \geq 1, \quad \inf_{r \leq r' \leq 2r} \mu(C_{r',r}(x)) \leq C \mu(B(x, r)) / r.$$

Proof: Clearly, it suffices to prove the proposition when $r = n$ is a positive integer. First, note that

$$\cup_{k=n}^{2n} (B(x, k) \setminus B(x, k-1)) \subset B(x, 2n).$$

So, we have

$$\mu(B(x, 2n)) \geq n \inf_{n \leq k \leq 2n} \mu(B(x, k) \setminus B(x, k-1)).$$

We conclude by Doubling property. ■

Corollary 3.4. *Let X be a uniformly connected doubling space. Then we have*

$$I_B^\downarrow \preceq \text{id}/\phi.$$

Namely, there exists a constant $C \geq 1$ such that

$$\forall x \in X, \forall r > 0, \quad \inf_{r' \geq r} \mu(\partial B(x, r')) \leq C\mu(B(x, r))/r.$$

Proof. This follows from Remark 2.19. ■

Corollary 3.5. *Let X be a uniformly connected doubling space satisfying a strong isoperimetric inequality. Then, X is stably-(IB).*

Proof: It follows from Corollary 3.4 and from Corollary 2.13. ■

Remark 3.6. Varopoulos [15] showed that the strong isoperimetric inequality is satisfied by any group of polynomial growth. Coulhon and Saloff-Coste [2] then proved it for any unimodular compactly generated locally compact group with a simple and elegant demonstration. We have the following corollary.

Corollary 3.7. *A Cayley graph of a group of polynomial growth is stably-(IB).*

3.2. The strong isoperimetric inequality does not imply strongly-(IB).

Note that this will result from the example shown in section 3.3. Let us present here a counterexample with linear growth.

For every integer n , we consider the following finite rooted tree G_n : first take the standard binary tree of depth n . Then stretch it as follows: replace each edge connecting a $k - 1$ 'th generation vertex to a k 'th generation vertex by a (graph) interval of length $2^{2^{n-k}}$. Then consider the graph G'_n obtained by taking two copies of G_n and identifying the vertices of last generation of the first copy with those of the second copy. Write r_n and r'_n for the two vertices of G'_n corresponding to the respective roots of the two copies of G_n . Finally, glue "linearly" the G'_n together identifying r'_n with r_{n+1} , for all n : it defines a graph X .

Let us show that X has linear growth (i.e. polynomial growth of degree 1). Thus $I \approx 1$, and since the boundary volume of balls is clearly not bounded, we do not have $I_B^\uparrow \preceq I$. In particular, X is not strongly-(IB).

Since X is infinite, it is enough to show that there exists a constant $C > 0$ such that

$$(3.1) \quad |B(x, r)| \leq Cr$$

for every vertex x of X . But it is clear that among the balls of radius r , those which are centered in points of n 'th generation of a G_n for n large enough are of maximal volume. Let us take such an x . Remark that for $\sum_{j=0}^k 2^{2^j} \leq r \leq \sum_{j=0}^{k+1} 2^{2^j}$, we have

$$|B(x, r)| \leq 2 \left| B(x, \sum_{j=0}^k 2^{2^j}) \right| + 2 \left(r - \sum_{j=0}^k 2^{2^j} \right)$$

So it is enough to show (3.1) for $r = \sum_{j=0}^k 2^{2^j}$. We have

$$\mu(B(x, \sum_{j=0}^k 2^{2^j})) = \sum_{j=0}^k 2 \cdot 2^j \cdot 2^{2^{k-j}} \leq 4 \cdot 2^{2^k}.$$

Which proves (3.1) with $C = 8$. ■

Remark 3.8. This example and that of section 3.3 show in particular that the strong isoperimetric inequality does not imply (even in linear growth case) strongly-(IB).

3.3. Instability of strongly-(IB) under quasi-isometry.

Theorem 3.9. *We can find a graph, quasi-isometric to \mathbf{Z}^2 (resp. a Riemannian manifold M bi-Lipschitz equivalent to \mathbf{R}^2) whose volume of spheres is not dominated by $r^{\log 3 / \log 2}$ (where r is the radius).*

Remark 3.10. The restriction to dimension 2 is not essential, but was made to simplify the exposition (actually, we merely need the dimension to be greater or equal to 2).

Proof: The general idea of the construction is to get a sequence of spheres which look like finitely iterated Von Koch curves. First, we will build a graph with weighted edges. Actually, this graph will be simply the standard Cayley graph of \mathbf{Z}^2 , and the edges will have lengths equal to 1 except for some selected edges which will have length equal to a small, but fixed positive number.

First step of the construction: Let us define a sequence (A_k) of disjoint subtrees of \mathbf{Z}^2 (which is identified to its usual Cayley graph). Let (e_1, e_2) be the canonical basis of \mathbf{Z}^2 and denote $S = \{\pm e_1, \pm e_2\}$. For every $k \geq 1$, let $a_k = (2^{2k}, 0)$ be the root of the tree A_k and define A_k by

$$(3.2) \quad x \in A_k \Leftrightarrow x = a_k + 2^k \varepsilon_0(x) + 2^{k-1} \varepsilon_1(x) + \dots + 2^{k-i(x)} \varepsilon_{i(x)}(x) + r(x) \varepsilon_{i(x)+1}(x)$$

where

- $0 \leq i(x) \leq k-1$,
- $\varepsilon_j(x)$ belongs to S for every $0 \leq j \leq i(x)+1$ and is such that $\varepsilon_{j+1}(x) \neq -\varepsilon_j(x)$ (for $j \leq i(x)$),
- $r(x) \leq 2^{k-i(x)-1} - 1$.

It is easy to see that A_k is a subtree of \mathbf{Z}^2 and that the above decomposition of x is unique. In particular, we can consider its intrinsic graph metric d_{A_k} : let S_k be the sphere of center a_k and of radius $2^{k+1} - 1$ for this metric. Clearly, $|S_k| \geq 3^{k-1}$.

Second step of the construction: We define a graph Y with weighted edges as follows: Y is the usual Cayley graph of \mathbf{Z}^2 ; all edges of Y have length 1 but those belonging to $A = \cup_k A_k$ which have length equal to $1/100$. The measure on Y is the countable measure and the distance between two vertices v and w is the minimal length of a chain joining v to w , the length of a chain being the sum of the weights of its edges. Clearly, as a metric measure space, Y is large-scale equivalent to \mathbf{Z}^2 .

For every $k \geq 2$, consider the sphere $S(a_k, r_k) = B(a_k, r_k + 1) \setminus B(a_k, r_k)$ of Y , where $r_k = (2^{k+1} - 1)/100$.

Claim 3.11. *We have $S_k \subset S(a_k, r_k)$, so that*

$$\mu(S(a_k, r_k)) \geq 3^{k-1} \geq r_k^{\log 3 / \log 2}.$$

Proof: Note that the claim looks almost obvious on a drawing. Nevertheless, for the sake of completeness, we give a combinatorial proof. Let us show that a geodesic chain in the tree A_k is also a minimizing geodesic chain in Y . Applying this to a geodesic chain between a_k and any element of S_k (which is of length r_k in Y), we have that $S_k \subset S(a_k, r_k)$, so we are done.

So let x be a vertex of A_k . By (3.2), we have

$$x = a_k + 2^k \varepsilon_0(x) + 2^{k-1} \varepsilon_1(x) + \dots + 2^{k-i(x)} \varepsilon_{i(x)}(x) + r(x) \varepsilon_{i(x)+1}(x)$$

Let us show by recurrence on $d_Y(a_k, x)$ (which takes discrete values) that

$$d_Y(a_k, x) = d_{A_k}(a_k, x)/100 = (2^k + \dots + 2^{k-i(x)} + r(x))/100 = \frac{2^{k+1}(1 - 2^{-i(x)-1} + r(x))}{100}$$

If $x = a_k$, there is nothing to prove. Consider $c = (c(0) = x, c(2), \dots, c(m) = a_k)$ a minimal geodesic chain in Y between a_k and x . Clearly, it suffices to prove that $c \subset A_k$. Suppose the contrary. Let t be the largest positive integer such that $c(t)$ belongs to A_k and $c(t+1)$ does not. Let l be the smallest positive integer such that $c(t+l) \in A_k$, so that $(c(t+1), \dots, c(t+l-1))$ is entirely outside of A_k . By recurrence, the chain $(c(t+l), \dots, c(m))$ is in A_k . Thus we have

$$d_Y(x, a_k) = d_{A_k}(x, c(t))/10 + |c(t) - c(t+l)|_{\mathbf{Z}^2} + d_{A_k}(c(t+l), a_k)/100.$$

Since c is a minimal chain, we also have

$$d_Y(c(t), a_k) = |c(t) - c(t+l)|_{\mathbf{Z}^2} + d_{A_k}(c(t+l), a_k)/100.$$

The following lemma applied to $u = c(t)$ and $v = c(t+l)$ implies that $t = t+l$ which is absurd since it means that c is included in A_k . ■

Lemma 3.12. *let u and v be in A_k . We have*

$$|u - v|_{\mathbf{Z}^2} \geq (d_{A_k}(u, a_k) - d_{A_k}(v, a_k))/50.$$

Proof: We can of course assume that $d_{A_k}(u, a_k) \geq d_{A_k}(v, a_k)$. Let $u = u_1 + u_2$ and $v = v_1 + v_2$ with

$$u_1 = 2^k \varepsilon_0(u) + \dots 2^{k-i(v)} \varepsilon_{i(v)}(u)$$

and

$$v_1 = 2^k \varepsilon_0(v) + \dots 2^{k-i(v)} \varepsilon_{i(v)}(v).$$

Note that by construction,

$$d_{A_k}(u_1, a_k) = d_{A_k}(v_1, a_k)$$

and since A_k is a tree,

$$(3.3) \quad d_{A_k}(u, a_k) - d_{A_k}(v, a_k) = d_{A_k}(u_2, a_k) - d_{A_k}(v_2, a_k) \leq 2^{k-i(v)+2}.$$

On the other hand, we have

$$|u - v|_{\mathbf{Z}^2} \geq ||u_1 - v|_{\mathbf{Z}^2} - |u_2 - v|_{\mathbf{Z}^2}|$$

First, assume that $u_1 \neq v_1$. Then, by (3.2), the projection of $u_1 - v_1$ along e_1 or e_2 is not zero and belongs to $2^{k-i(v)}\mathbf{N}$. Moreover, using the fact that $\varepsilon_{j+1}(u) \neq -\varepsilon_j(u)$ for every j , the same projection of $u_2 - v_2$ is (in \mathbf{Z}^2 -norm) less than

$$2 \cdot (2^{k-i(v)-2} + 2^{k-i(v)-4} + \dots = 2^{k-i(v)-1} (1 + 1/4 + 1/4^2 + \dots) \leq 2/3 \cdot 2^{k-i(v)}$$

Thus,

$$|u - v|_{\mathbf{Z}^2} \geq 2^{k-i(v)}/3.$$

So we are done.

Now, assume that $u_1 = v_1$. If $i(u) = i(v)$ or if $i(u) \leq i(v) + 1$ and $\varepsilon_{i(v)+1}(u) = \pm \varepsilon_{i(v)+1}(v)$, then we have trivially

$$|u - v|_{\mathbf{Z}^2} = (d_{A_k}(u, a_k) - d_{A_k}(v, a_k)).$$

Otherwise, we have

$$u - v = u_2 - v_2 = (2^{k-i(v)-1} - r(v))\varepsilon_{i(v)+1}(u) + 2^{k-i(v)-2}\varepsilon_{i(v)+2}(u) + \dots + r(u)\varepsilon_{i(u)+1}.$$

So, projecting this in the direction of $\varepsilon_{i(v)+2}(u)$, and since $\varepsilon_{i(v)+3}(u) \neq -\varepsilon_{i(v)+2}(u)$, we obtain

$$|u - v|_{\mathbf{Z}^2} = |u_2 - v_2|_{\mathbf{Z}^2} \geq 2^{k-i(v)-2} - (2^{k-i(v)-4} + \dots + 2^{k-i(u)} + r(u)) \geq 2^{k-i(v)-2} - 2^{k-i(v)-3} = 2^{k-i(v)-3}.$$

Together with 3.3, we get

$$|u - v|_{\mathbf{Z}^2} \geq 32(d_{A_k}(u, a_k) - d_{A_k}(v, a_k))$$

which proves the lemma. ■

Clearly, Y is quasi-isometric to \mathbf{Z}^2 . It is not difficult (and left to the reader) to see that we can adapt the construction to obtain a graph.

Now, let us explain briefly how we can adapt the construction to obtain a Riemannian manifold bi-Lipschitz equivalent to \mathbf{R}^2 . First, we embed \mathbf{Z}^2 into \mathbf{R}^2 in the standard way, so that A_k is now a subtree of \mathbf{R}^2 . Let \tilde{A} be the $1/100$ -neighborhood of A in \mathbf{R}^2 . Let f be a nonnegative function defined on \mathbf{R}^2 such that $1 - f$ is supported by \tilde{A} , $f \geq a$ and $f(x) = a$ for all $x \in A$. Finally, define a new metric on \mathbf{R}^2 multiplying the Euclidean one by f . ■

3.4. Strongly-(IB) implies the strong isoperimetric inequality.

The converse to Proposition 3.5 is clearly false (see the examples of the next section). However, one has

Proposition 3.13. *Let X be a doubling (M) -space. Suppose moreover that there exists $x \in X$ such that the family of balls of center x is strongly asymptotically isoperimetric. Then we have*

$$I_{\mathcal{B}}^\perp \succeq id/\phi.$$

In particular, X satisfies a strong isoperimetric inequality.

Proof. Since $(B(x, r))_r$ forms an asymptotically isoperimetric family, it is enough to show that there exists $c > 0$ such that

$$\mu(\partial B(x, r)) \geq c \frac{\mu(B(x, r))}{r}.$$

But, let us recall that property (M) implies that there exists $C > 0$ such that, for all $r > 0$

$$\mu(C_{r, r+1}(x)) \leq C\mu(\partial_1 B(x, r)).$$

Since $(B(x, r))_r$ forms an asymptotically isoperimetric family, there exists $C' \geq 1$, such that, for all $r' < r$

$$\mu(\partial B(x, r')) \leq C'\mu(\partial B(x, r)).$$

Using these two remarks, we get

$$\mu(B(x, r)) \leq CC'r\mu(\partial B(x, r)).$$

So we are done. ■

4. WHAT CAN HAPPEN IF THE PROFILE IS NOT STRONG

All the metric measure spaces built in this section will be graphs with polynomial growth. For simplicity, we write $|A|$ for the cardinal of a finite subset A of a graph.

4.1. Bounded profile: connected isoperimetric sets are “controlled” by balls.

We will say that a subset A of a metric space is metrically connected (we will merely say “connected” from now on) if there does not exist any nontrivial partition of $A = A_1 \sqcup A_2$ with $d(A_1, A_2) \geq 10$.

Let X be a uniformly $1/2$ -connected space, with bounded profile, and such that the measures of balls of radius $1/2$ is more than a constant $a > 0$. Actually, we can ignore nonconnected sets. Indeed if (A_n) is an isoperimetric family, then the A_n have a bounded number of connected components: otherwise, by Proposition 1.13, the boundary of A_n would not be bounded (because the distinct connected components have disjoint 1 -boundaries each one containing a ball of radius $1/2$). It is enough to replace A_n by its connected component of maximal volume.

Claim 4.1. *Let (X, d, μ) be a $(DV)_{loc}$, uniformly $1/2$ -connected space such that the measures of balls of radius $1/2$ is more than a $a > 0$ and whose profile I is bounded. Then, if (A_n) is an isoperimetric sequence of connected subsets of X , there exist a constant $C > 0$, some $x_n \in X$ and some $r_n > 0$ such that*

$$\forall n, \quad B(x_n, r_n) \subset A_n \subset B(x_n, Cr_n).$$

Proof: To fix ideas, let us assume that $\partial A = \partial_1 A$ (for all $A \subset X$). Let y_n be a point of A_n and write $d_n = \sup_{y \in \partial A_n} d(y_n, y)$. Let $r \leq d_n$ be such that $C_{r, r+1}(y_n)$ intersects nontrivially ∂A_n (recall that $C_{r, r'}(x) = B(x, r') \setminus B(x, r)$). Then, by Proposition 2.6, there exists a constant $C \geq 1$ such that $C_{r-C, r+C}(y_n) \cap \partial A_n$ contains a ball of radius $1/2$ and therefore has measure $\geq a$. Consequently, if $\delta_n = \sup\{r' - r; C_{r, r'}(y_n) \cap \partial A_n = \emptyset\}$, then

$$(4.1) \quad \mu(\partial A_n) \geq \frac{d_n}{2C\delta_n} a.$$

Since the boundary of A_n has bounded measure, there exists a constant $c > 0$ and, for all n , two positive reals r'_n and r''_n such that $r''_n - r'_n \geq cd_n$ and $C_{r'_n, r''_n} \cap \partial A = \emptyset$.

Write $s_n = (r'_n + r''_n)/2$. Since A_n is connected, $C_{s_n-10, s_n+10}(x) \cap A_n$ is nonempty. But then, if $x_n \in C_{s_n-10, s_n+10}(x) \cap A_n$, we get

$$B\left(x_n, \frac{r''_n - r'_n}{2} - 10\right) \subset A_n.$$

On the other hand

$$(4.2) \quad A_n \subset B(x_n, 2d_n).$$

Write $r_n = cd_n/2 - 10$. The claim follows from (4.1) and from (4.2). ■

4.2. Stably-(NIB) graphs with unbounded profile and where isoperimetric families can never be “controlled” by families of balls.

Theorem 4.2. *For every integer $d \geq 2$, there exists a graph X of polynomial growth of degree d , with unbounded profile, satisfying stably-(NIB) and such that, for all isoperimetric sequences (A_n) , it is impossible to find sequences of balls $B_n = B(x_n, r_n)$ and $B'_n = B(x'_n, r'_n)$ of comparable radii (i.e. such that r'_n/r_n is bounded) such that*

$$B_n \subset A_n \subset B'_n, \quad \forall n.$$

Consider the graph X obtained from \mathbf{Z}^d deleting some edges. Consider, along the axis $\mathbf{Z}.e_1$, the intervals (I_n) of length $\lfloor \sqrt{n} \rfloor$ and at distance 2^n from one another. Consider the sequence (A_n) of full parallelepiped defined by the equations $x_1 \in I_n$ and $|x_i| \leq n/2$ for $i \geq 2$.

Then consider a partition of the boundary (in \mathbf{Z}^d) of A_n in $(d-1)$ -dimensional cubes a_n^k whose edges have length approximatively \sqrt{n} . Remove all the edges that connect A_n to its complement but those connected to the “center” of a_n^k (here, the center of a_n^k is a point of \mathbf{Z}^d we choose at distance ≤ 2 from the “true center” in \mathbf{R}^n of the convex hull of a_n^k). We thus obtain a connected graph X . Note that the A_n are such that

$$|A_n| \approx n^{d-1} \sqrt{n}$$

and

$$|\partial_X A_n| \approx \frac{|\partial_{\mathbf{Z}^d} A_n|}{|a_n^0|} \approx n^{d-1} / (\sqrt{n})^{d-1} = (\sqrt{n})^{d-1}.$$

Write A for the union of A_i and A^c for its complement in X .

Claim 4.3. *The growth in X is polynomial of degree d .*

Proof: It will follow from the strong profile of balls. ■

Claim 4.4. *The profile of X is not strong.*

Proof: Let us consider the A_n . If the profile was strong, the sequence $u_n = \frac{|A_n|}{|\partial A_n|^{\frac{d}{d-1}}}$ would be bounded. But there exists a constant $c > 0$ such that

$$u_n \geq cn^{d-1} \sqrt{n} / (\sqrt{n})^d = cn^{\frac{d-1}{2}} \rightarrow \infty.$$

■

Claim 4.5. *Let R be a unbounded subset of \mathbf{R}_+ and let $(P_r)_{r \in R}$ be a family of subsets such that there exist two constants $C \geq 1$ and $a > 0$ such that*

$$\forall r > 0, \exists x_r \in X, \quad B(x_r, r/C) \subset [P_r]_a \subset B(x_r, Cr).$$

Then there exists a constant c' such that

$$\forall r > 0, \quad \mu(\partial P_r) \geq c' \mu(P_r)^{\frac{d-1}{d}}.$$

The following lemma and its proof will be useful in all examples that we will expose in the following sections. Write A^c for the complement of A (in X or, which is actually the same in \mathbf{Z}^d).

Lemma 4.6. *The profile of A^c (or of A^c) is strong. That means $I(t) \approx t^{\frac{d-1}{d}}$.*

Proof of the lemma.

First of all, it is enough to consider only connected subsets P of A^c . Indeed, if P has many connected components $P_1 \dots P_k$, then, by subadditivity of the function $\phi : t \rightarrow t^{\frac{d-1}{d}}$, if the P_i verify $|\partial P_i| \geq c\phi(|P_i|)$, then so do P .

Note that A^c embeds into X and into \mathbf{Z}^d . The idea consists in comparing the profile of A^c to that of \mathbf{Z}^d . First of all, let us assume that a connected subset P of A^c —seen in X —intersects the boundary of many A_n . Then, as $|A_n|$ is negligible compared to the distance between the A_n when n goes to infinity, the set of points of $\partial_{\mathbf{Z}^d} P$ at distance 1 of A has negligible volume compared to $|\partial P|$. Thus, if $|P|$ et n are large enough, we get

$$|\partial_{A^c} P| \geq \frac{1}{2} |\partial_{\mathbf{Z}^d} P|.$$

So it is enough to consider subsets meeting only one A_n . But the complement of a convex polyhedron of \mathbf{Z}^d has trivially the same profile (up to a constant) as \mathbf{Z}^d . So we are done. ■

Proof of the claim 4.5. Let (P_r) be a family of subsets of X satisfying the condition of the proposition. We have to show that $\forall r, |\partial P_r| \geq c'|P_r|^{\frac{d-1}{d}}$. If $P \subset A^c$, the claim is a direct consequence of the lemma.

Suppose that P meets some A_n and that $r \geq 100C\sqrt{n}$. Then we have already seen (in the proof of Lemma 4.2) that if many A_n intersect P_r , the cardinal of the intersection of this P_r with A are negligible compared to its boundary provided n and $|P_r|$ are large enough. We can thus suppose that P_r meets only one A_n . Furthermore, since $r \geq 100\sqrt{(n)}$, there is some x' in $B(x_r, r/C)$ such that

$$B(x', r/10C) \in B(x_r, r/C) \cap A^c.$$

Then, observe that since $B(x', r/10C) \subset [P_r]_a$, there is a $B(x', r/10C) \subset [P_r]_a$, there is a constant $c > 0$ such that

$$(4.3) \quad |P_r \cap B(x', r/C)| \geq c|B(x', r/C)|.$$

It follows that the intersection of P_r with A^c has volume $\geq \bar{c}|P_r|$ where \bar{c} is a constant depending only on C and a . So by Lemma 4.2, we have

$$|\partial_X P_r| \geq |\partial_{A^c}(P_r \cap A^c)| \geq c|P_r|^{\frac{d-1}{d}}.$$

We then have to study the case $r \leq 100C\sqrt{n}$. We can assume that $x_r \in A_n$ (otherwise, we conclude with Lemma 4.2). Let π be the orthogonal projection on the hyperplane $x_2 = 0$. Then for n large enough, Cr is smaller than $n/2$. Consequently, since $P_r \in B(x_r, Cr)$, every point of $\pi(P_r)$ has at least one antecedent in the boundary of P_r . So, we have

$$|\partial_X P_r| \geq |\pi(P_r)|.$$

Moreover, note that $\pi(B(x_r, r/C)) = B(\pi(x_r), r/C)$ (note that this ball lies in \mathbf{Z}^{d-1}). On the other hand, since the projection is 1-Lipschitz, we get

$$\pi([P_r]_a) \subset [\pi(P_r)]_a,$$

so

$$B(\pi(x_r), r/C) \subset [\pi(P_r)]_a.$$

Similarly to (4.3), we have

$$|\pi(P_r) \cap B(\pi(x_r), r/C)| \geq c|B(\pi(x_r), r/C)|$$

So, finally, we have

$$|\partial_X P_r| \geq c'r^{d-1}$$

so we are done. ■

Corollary 4.7. *In every space isometric at infinity to X , the volume of spheres $\approx r^{d-1}$. In particular, they are not asymptotically isoperimetric.*

Proof of the corollary. Let $f: X' \rightarrow X$ a large-scale equivalence between two metric measure spaces X' and X and take $y \in X'$. It comes

$$B\left(f(y), \frac{r}{C_2} - C_1\right) \subset B([f(B(y, r))]_{C_1}) \subset B(f(y), C_2r + C_1).$$

The corollary follows from Claim 4.5 and from Theorem 2.10. ■

4.3. Graphs stably-(NIB) with bounded profile.

Theorem 4.8. *For any integer $d \geq 2$, one can find a graph of polynomial growth of degree d , with bounded profile, and which is stably-(NIB).*

The construction follows the same lines as in the previous section. Consider in \mathbf{Z}^d , a sequence (C_n) of subsets defined by

$$C_n = B(x_n, n) \cup B(x'_n, n)$$

where $x_n = (2^{n+1}, n - \log n, 0, \dots, 0)$ and $x'_n = (2^{n+1}, \log n - n, 0, \dots, 0)$.

We disconnect C_n from the rest everywhere but along the axis $\mathbf{Z}.e_1$. Let Y be the corresponding graph. C_n looks like a ball (of \mathbf{Z}^d) “constricted” at the equator. Indeed, every point of C_n belonging to the hyperplane $\{x_2 = 0\}$ is at distance at most $\log n$ from the boundary (in Y) of C_n . This is the property that will prevent C_n from being “deformed” into a ball. Write $C = \cup_n C_n$.

Lemma 4.9. *The graph C^c has a strong profile.*

Proof: The demonstration is essentially the same as for Lemma 4.2. ■

Claim 4.10. *The growth in the graph X is polynomial of degree d .*

Proof: We have to show that there exists a constant $c > 0$ such that, $\forall x, r$, $|B(x, r)| \geq cr^d$ (the converse inequality following from the fact that X embeds in \mathbf{Z}^d). Thanks to Lemma 4.9, we can suppose that B is included in a C_{n_0} so that its radius is $\leq n_0$.

The conclusion follows then from the next trivial fact: in \mathbf{Z}^d , if $r \leq n_0$, the volume of the intersection of a ball of radius n_0 with a ball of radius $r \leq n_0$ and of center belonging to the first ball is $\geq 2^{-d}|B(x, r)| \geq 2^{-10d}r^d$. Indeed, the worst case is when x is in a “corner” of the ball. So we are done. ■

Claim 4.11. *If Y' is a (M) -space which is isometric at the infinity to Y , then its balls are not asymptotically isoperimetric.*

Proof: The demonstration results from the following lemma and Proposition 1.13.

Lemma 4.12. *Let \mathbf{P} be an asymptotically isoperimetric family of connected subsets of X . Then there exists a constant $C \geq 1$ such that, for all $P \in \mathbf{P}$ of measure $> C$, there exists n such that $|P \Delta C_n| \leq C$.*

Proof: Since the profile of C^c is strong, it is clear that for $|P|$ large enough, $P \cap C^c$ must be bounded. We then have to show that if (P_n) is a sequence of subsets such that for all n , $P_n \subset C_n$ and such that $|P_n|$ and $|C_n \setminus P_n|$ tends to infinity, then $|\partial P_n|$ also tends to infinity. Suppose, for instance that $|P_n| \leq |C_n \setminus P_n|$. But Theorem 2.10 makes clear that this problem in \mathbf{Z}^d is equivalent to the similar problem in \mathbf{R}^d : that is, replacing C_n with its convex hull \tilde{C}_n in \mathbf{R}^d . Since the \tilde{C}_n are homothetic copies of \tilde{C}_1 , by homogeneity, we only have to show that the profile $I(t)$ of \tilde{C}_1 is $\geq ct^{\frac{d-1}{d}}$ for $0 < t < |\tilde{C}_1|/2$, which is a known fact (see [11]). ■

Let us finish the demonstration of Claim 4.11. We now have to show that the sets C_n cannot be—up to a set of bounded measure—inverse images of balls by some large-scale equivalence. So let (X', d, μ) be a (M) -space and let $f : X \rightarrow X'$ be a large-scale equivalence.

Let us consider two points of C_n of respectively maximum and minimum x_2 . The distance of each of these points to C^c is $\geq n/2$ and yet, every 1-chain joining them must pass through $C_n \cap \{x_2 = 0\}$ whose points are at distance $\leq 2 \log n$ from C^c . But this is impossible for a ball in a (M) -space. Indeed, in a ball $B = B(o, R)$ with $R \geq N$, if a point x is at distance cN from the boundary, then the points belonging to a ball centered in x and of radius $cN/2$ are at distance at least $cN/2$ from the boundary of B . But this ball intersects the ball centered in o and of radius $R - cN/2$. Moreover, by property (M), there exists a 1-chain joining x to o and staying in $B(o, R - cN/2)$, so at a distance of the order of N from boundary of B . ■

4.4. The instability of (IB) under quasi-isometry between graphs of polynomial growth.

Theorem 4.13. *Let d be an integer ≥ 2 . There exists two graphs X and X' quasi-isometric, of polynomial growth of degree d and with bounded or unbounded profile, such that X satisfies (IB) but not X' .*

Like in the examples of the two previous sections, we will build a graph X removing some edges from \mathbf{Z}^d : for $n \in \mathbf{N}$, let A_n be the ball of radius n whose center belongs to the axis $\mathbf{Z}.e_1$ in such a chain that A_{n+1} is at distance 2^n from A_n . We then remove all the edges of the boundary of A_n but those belonging to the line $\mathbf{Z}.e_1$. We write A for the union of A_n . The graph X' is obtained from X by taking its image by the linear map fixing the first coordinate and acting on the orthogonal as an homothetic transformation of ratio 4 (it is clear that it is a quasi-isometry). More precisely, we replace each edge of X parallel to the first axis, by a chain of length 2 also parallel to the first axis. Write A' for the image of A .

Remark 4.14. In the previous example, the profile is bounded. Nevertheless, one can slightly modify the construction in order to get an unbounded profile: for instance, removing only edges of the boundary of A_n at distance $\geq \log n$ from the axis $\mathbf{Z}.e_1$ (instead of those which are outside of this axis).

Claim 4.15. *The graphs X and X' have polynomial growth of degree d .*

As these graphs are subgraphs of \mathbf{Z}^d , their volume growths are less than the one of \mathbf{Z}^d . The converse inequality will follow from the fact that in X' , the profile restricted to balls is strong and from the fact that X and X' are quasi-isometric. ■

Claim 4.16. *In X , the balls are asymptotically isoperimetric.*

Proof: It is clear by construction that the A_n are balls and that their boundaries have bounded volume. ■

Claim 4.17. *In X' , the profile restricted to balls is strong $I_{\mathcal{B}}^{\downarrow}(t) \approx t^{\frac{d-1}{d}}$. In particular, X' is not (IB).*

Proof: Remark that Lemma 4.2 stays true in this context. Let $B = B(x, r)$ be a ball of the graph X' . We have to show that there exists a constant $c > 0$ such that

$$|\partial B| \geq c|B|^{\frac{d-1}{d}}.$$

According to Lemma 4.2, we can assume that $B \subset A$. Thus, there exists n_0 such that $B \subset A_{n_0}$.

Let us embed \mathbf{Z}^d into \mathbf{R}^d . Let us replace the discrete polyhedron A_n and B by their convex hulls \tilde{A}_n and \tilde{B} in \mathbf{R}^d . Let \tilde{X} be the space obtained removing from \mathbf{R}^d (Euclidean) the points of the Euclidean boundary of \tilde{A}_n (for all n) but the two ones belonging to the axis $\mathbf{R}.e_1$ (resp. those at distance $\leq \log n$ of the axe) for the case of bounded profile (resp. for the case of unbounded profile). Let us equip \tilde{X} –seen as a subset of \mathbf{R}^d – with Lebesgue measure and with the geodesic metric $d(x, y) = \inf_{\gamma} l(\gamma)$ with γ taking values in the set of arcs joining x to y in \tilde{X} , $l(\gamma)$ being the Euclidean length of γ .

The embedding j of X into \tilde{X} we obtain like this is clearly a large-scale equivalence.

For simplicity, we will write $|A|$ for the (Lebesgue) measure of a subset A of \tilde{X} . On the other hand, note that $\partial_{10}\tilde{B}$ contains $[j(B(x, r))]_1 \setminus [j(B(x, r-2))]_1$, which by Proposition 2.6 has same measure (up to multiplicative constant) as ∂B . The same holds for \tilde{B} and B . Moreover, since \tilde{B} and A_{n_0} are convex polyhedra, it is clear that the 10-boundary of \tilde{B} has same measure (up to multiplicative constants) as its Euclidean boundary (whose measure is the limit when $h \rightarrow 0$ of $|\partial_h \tilde{B}|/h$). Write

$$|\partial_{eucl}\tilde{B}| = \lim_{h \rightarrow 0} |\partial_h \tilde{B}|/h$$

Consequently, it is enough to show that there exists $c > 0$ such that

$$|\partial_{eucl}\tilde{B}| \geq c|\tilde{B}|^{\frac{d-1}{d}}$$

Note that by homogeneity, the quantity

$$Q = \frac{1}{r^{d-1}} |\partial_{\text{eucl}} \tilde{B}|$$

only depends on the ratio n/r . Fix $n = n_0$. For r small enough (let us say $\leq r_c$ for some $r_c > 0$), \tilde{B} never meets two parallel faces: Q stays larger than a constant > 0 (i.e. profile of a $1/2^{d-1}$ 'th of space of \mathbf{R}^d). By compactness, it follows that Q reaches its minimum when x and r vary under the conditions $r_c \leq r \leq n_0/2$. On the other hand, as \tilde{B} is strictly included in A_{n_0} , this minimum has to be > 0 . The ratio Q is therefore larger than a constant $c' > 0$. finally, there is a constant $c > 0$ such that

$$|\partial_{\text{eucl}} \tilde{B}| \geq c' r^{d-1} \geq c |B|^{\frac{d-1}{d}}.$$

So we are done. ■

5. ASYMPTOTIC ISOPERIMETRY OF CONNECTED SUBSETS.

Recall that we say that a subset A of a metric space is connected if there does not exist a nontrivial partition $A = A_1 \sqcup A_2$ with $d(A_1, A_2) \geq 10$.

Let (X, d, μ) be a metric measure space. Write \mathcal{C} for the set of connected subsets of finite measure of X .

Set $\partial A = \partial_1 A$ and assume that X is uniformly $1/2$ -connected (see section 2.1).

Theorem 5.1.

(i) Let X be such that the measures of balls of radius $1/2$ are bounded below by $a > 0$. Suppose that $I(t) = o(t)$. Then there exists a positive and increasing sequence (t_n) tending to infinity such that $I_{\mathcal{C}}^\downarrow(t_n) = I(t_n)$.

(ii) Assume that X is a doubling (M) -space and has a strong profile. Then $I_{\mathcal{C}}^\downarrow \approx I$.

(iii) Let d be an integer ≥ 2 . There exists a graph X of polynomial growth of degree d and a increasing sequence of integers (s_n) such that $I(s_n) = o(I_{\mathcal{C}}^\downarrow(s_n))$.

Proof:

Note that (ii) follows from Corollary 3.5 and from the fact that property (M) implies that balls are connected.

Let us show the first assertion of the theorem. Suppose that there exists $T > 0$ such that $\forall t \geq T$, $I(t) < I_{\mathcal{C}}^\downarrow(t)$. We will show that it implies that

$$(5.1) \quad I(t) \geq a \frac{t}{T}.$$

Write t_m for the upper bound of the set of t such that $\forall s \leq t$, one has $I(s) \geq a \frac{s}{T}$. Since I is nondecreasing, if t_m is finite, then it is a maximum.

Remark that $t_m \geq T$ since the boundary of every nonempty subset of X contains a ball of radius $1/2$ (see Proposition 2.6) and therefore has measure $\geq a$.

Suppose by contradiction that t_m is finite. By definition of t_m , for all $s > t_m$ there exists a subset A such that

$$\mu(A) \geq s$$

and

$$\mu(\partial A) < as/T.$$

Moreover, since $t_m \geq T$, we can suppose that

$$\mu(\partial A) < I_{\mathcal{C}}^\downarrow(s)$$

(in particular, A is not connected).

It follows that there exists a smallest positive integer k such that there exist $t_m \leq s \leq t_m + T/2$ and a subset A of measure $\geq s$, with k connected components and whose boundary has measure $< \min\{I_{\mathcal{C}}^\downarrow(s), sa/T\}$. Let A be such a subset. Note that $k \geq 2$. Thus, we have

$$A = A_1 \sqcup A_2$$

with $d(A_1, A_2) \geq 10$.

Since k is minimal, one has, for $i = 1, 2$

$$\mu(A_i) < t_m.$$

Indeed, if for instance, one had $\mu(A_1) \geq t_m$, then since the boundary of A_2 has measure $\geq a$, one would have

$$\mu(\partial A_1) \leq (t_m + T/2) \frac{a}{T} - a = \frac{t_m a}{T} - a/2 < \frac{t_m a}{T}.$$

Therefore, as $I_C^\downarrow(t_m) \geq I(t_m) \geq t_m a/T$, one would also have

$$\mu(\partial A_1) < I_C^\downarrow(t_m).$$

But then, by minimality of k , A_1 should have at least k connected components, which is absurd since it has strictly less components than A .

But, by definition of t_m , this implies that

$$\begin{aligned} \mu(\partial A) &= \mu(\partial A_1) + \mu(\partial A_2) \\ &\geq \frac{\mu(A_1)a}{T} + \frac{\mu(A_2)a}{T} \\ &= \frac{\mu(A)a}{T} \end{aligned}$$

which is absurd. ■

In order to show the second assertion of the theorem, we proceed as in the previous sections: we start from the graph \mathbf{Z}^d , and then we remove some edges. Let us consider the following family of cubes $(C_n^m)_{0 \leq m \leq n-1, n \in \mathbf{N}^*}$ of \mathbf{Z}^d : the C_n^m are Euclidean cubes of edges' length 2^{2^n} whose centers are disposed along the axis $\mathbf{Z}.e_1$ as follows: C_n^{m+1} is the image of C_n^m by the translation of vector $n2^{2^n}.e_1$ and C_n^{m-1} and C_{n+1}^1 are at distance $(n+1)2^{2^{(n+1)}}$ to one another. To build the graph X , we remove all the edges joining C_n^m to the rest of the graph but those which have a vertex belonging to the Euclidean cube c_n^m of dimension $d-1$ of the boundary of C_n^m , of volume 2^{n^2} and centered in one of the two intersection points of C_n^m with the axis $\mathbf{Z}.e_1$. Write C for the union of cubes C_n^m .

Claim 5.2. *The growth in X is polynomial of degree d .*

Proof: Let $B = B(x, r)$ be a ball. Let us prove that $|B| \geq 2^{-100d}r^d$. If the center of B doesn't belong to any C_n^m , it is clear. Suppose therefore that $x \in C_{n_0}^{m_0}$ for integers n_0 and $m_0 < n_0$. Write D_{n_0} for the diameter of $C_{n_0}^{m_0}$. If $r \geq 3D_{n_0}$, then B contains $B(y, r/2)$ with y belonging to no C_n^m . So we are brought back to the previous case. In the other case, the conclusion follows from the following trivial fact: in \mathbf{Z}^d , if $r \leq n$, the volume of the intersection of a cube C of edges' length equal to n with a ball of radius $r \leq n$ and of center $x \in C$ is $\geq 2^{-d}|B(x, r)| \geq 2^{-10d}r^d$. Indeed, the worst case is when x is a corner of the cube. ■

Claim 5.3. *Take $s_n = n2^{2^n}$. Then $I(s_n) = o(I_C^\downarrow(s_n))$.*

Proof: Let us consider the set $C_n = \cup_m C_n^m$. Its volume is equal to s_n and its boundary has volume equal $n2^{n^2}$. On the other hand, let n_1 be an integer and let P be a connected subset of volume $\geq s_{n_1}$. We want to show that $|\partial P| \geq c2^{(n_1+1)^2}$, for a constant $c > 0$, which is clearly enough to conclude.

Thanks to the following lemma, the only remaining case to consider is when P meets a cube C_n^m . But, because of the large distance between two such cubes, we can assume that P meets only one of these cubes, say $C_{n_0}^{m_0}$.

Lemma 5.4. *The profile of the graph C^c is strong (i.e. $\approx t^{\frac{d-1}{d}}$).*

(same demonstration as for Lemma 4.2)

If $|P \cap C^c| \geq |P|/2$, then the lemma applied to $P \cap C^c$ allows to conclude. Suppose therefore that $|P \cap C| \geq |P|/2$. This implies in particular that $n_0 \geq n_1 + 1$. We then remark that $|\partial(P \cap C_{n_0}^{m_0})| \leq |\partial P|$. Indeed, let π be the orthogonal projection onto the hyperplane containing $c_{n_0}^{m_0}$, then every

point of $c_{n_0}^{m_0} \cap P$ admits an antecedent by π belonging to the boundary of P . So we can assume that $P \subset C_{n_0}^{m_0}$. If $|P| \leq 3/2|C_{n_0}^{m_0}|$, then there exists $c > 0$ such that

$$(5.2) \quad |\partial P| \geq c|P|^{\frac{d-1}{d}}$$

(isoperimetry in the full Euclidean cube: see [11]). Otherwise, assume that $|P| \geq 3/2|C_{n_0}^{m_0}|$ and write $Q = C_{n_0}^{m_0} \setminus P$.

- If the volume of Q is $\geq D_{n_0}/2$ where D_{n_0} is the diameter of $C_{n_0}^{m_0}$, then 5.2 applied to Q implies that

$$|\partial Q| \geq c2^{(d-1)2^{n_0}/d} \geq c2^{2^{n_0}-1} \geq c2^{n_0^2} = c2^{(n_1+1)^2}.$$

But, the boundary of Q is—up to points belonging to $c_{n_0}^{m_0}$ (whose cardinal is negligible compared to $c2^{2^{n_0}-1}$)—equal to the boundary volume of P . So we are done.

- If $|Q| \leq D_{n_0}/2$, then every point of $c_{n_0}^{m_0}$ has preimages in ∂P by the projector π . But $|c_{n_0}^{m_0}| = 2^{n_0^2} = 2^{(n_1+1)^2}$, which ends the demonstration. ■

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